

2022 GOLD NUGGET TRIATHLON
 May 15, 2022
 Bartlett High School, Anchorage AK

Place	Bib	Name	Div/Tot	Div	Rank	Swim	Rank	T1	Rank	Bike	Rank	T2
1	4	Kinsey Loan	1/142	F3034	36	0:06:03.38	5	1:32	1	32:12	348	0:42
2	3	Katelyn Stearns	1/139	F3539	29	0:05:56.69	31	1:48	6	34:35	33	0:17
3	1	Amber Stull	1/150	F4044	43	0:06:06.96	1	1:11	8	34:47	294	0:38
4	21	Kikkan Randall	2/150	F4044	136	0:07:21.06	39	1:52	16	36:06	398	0:47
5	8	Katie Green	3/150	F4044	54	0:06:28.42	4	1:32	3	34:10	353	0:42
6	5	Teresa Ulrich	4/150	F4044	27	0:05:55.77	16	1:39	2	33:16	375	0:44
7	18	Hilary Rea	2/139	F3539	45	0:06:13.60	28	1:47	18	36:23	399	0:47
8	28	Helen Wilson	1/22	F2024	77	0:06:43.51	36	1:50	13	35:42	387	0:46
9	15	Karina Packer	2/142	F3034	38	0:06:04.49	6	1:33	22	37:05	557	1:08
10	6	Sara Miller	1/97	F4549	34	0:06:01.32	9	1:35	17	36:17	313	0:39
11	44	Colleen McGovern	1/98	F2529	51	0:06:20.77	7	1:34	25	37:25	442	0:53
12	11	Jody Barton	2/97	F4549	35	0:06:02.47	2	1:24	10	35:07	402	0:47
13	14	Victoria Summers	5/150	F4044	119	0:07:11.57	58	2:08	11	35:08	478	0:56
14	1078	Claire Trujillo	2/98	F2529	52	0:06:22.05	183	2:57	47	39:13	135	0:27
15	7	Bri Lowen	3/139	F3539	59	0:06:31.35	60	2:09	15	36:04	594	1:13
16	17	Kristin Riall	4/139	F3539	58	0:06:31.21	26	1:46	19	36:25	578	1:11
17	13	Heather Helzer	5/139	F3539	93	0:06:56.09	19	1:42	14	35:53	488	0:58
18	26	Morgan Aldridge	6/150	F4044	183	0:07:44.46	29	1:47	9	35:04	503	1:00
19	41	Kelcie Ralph	6/139	F3539	82	0:06:48.54	11	1:36	37	38:31	425	0:50
20	9	KC Kent	3/98	F2529	41	0:06:05.64	17	1:40	20	36:31	45	0:18
21	22	Yvonne Jeschke	4/98	F2529	131	0:07:17.46	74	2:17	36	38:25	8	0:13
22	19	Ryann Dorris	1/64	F1519	2	0:05:02.98	35	1:50	50	39:24	295	0:38
23	27	Holly Martinson	7/139	F3539	213	0:07:58.15	44	1:54	5	34:23	321	0:39
24	1082	Jennifer Schmidt	3/97	F4549	159	0:07:31.76	127	2:42	7	34:37	658	1:28
25	344	Rosie Conway	2/64	F1519	137	0:07:21.35	109	2:31	44	38:58	5	0:12
26	20	Betsy Lund	4/97	F4549	32	0:05:59.90	33	1:49	40	38:45	449	0:54
27	107	Pamela Schamber	1/72	F5054	55	0:06:29.65	111	2:34	21	36:33	744	1:45
28	16	Sarah Freistone	5/98	F2529	234	0:08:04.67	52	2:02	51	39:25	2	0:12
29	270	Kimberly Spence-Je	3/142	F3034	64	0:06:34.79	3	1:29	43	38:57	191	0:30
30	12	Alyse Loran	8/139	F3539	220	0:07:59.88	10	1:35	26	37:26	566	1:09
31	197	Morgan Lash	2/22	F2024	6	0:05:26.70	149	2:48	120	42:34	379	0:45
32	32	Nicki Holmen	7/150	F4044	154	0:07:29.94	13	1:38	12	35:29	301	0:38
33	23	Sara Brubaker	4/142	F3034	30	0:05:57.56	71	2:15	61	39:52	316	0:39
34	218	Ina Kraus	3/64	F1519	116	0:07:09.93	88	2:23	38	38:31	230	0:32
35	42	Melanee Stiassny	5/97	F4549	184	0:07:45.60	24	1:45	46	39:04	637	1:23
36	45	Kristine Percival	8/150	F4044	221	0:08:00.26	14	1:38	69	40:24	373	0:44
37	40	Heather Onders	9/150	F4044	347	0:08:47.87	15	1:38	34	38:20	489	0:58
38	1134	Emily Erickson	4/64	F1519	98	0:06:59.67	587	4:45	35	38:21	100	0:23
39	31	Mandy Casurella	10/150	F4044	199	0:07:51.47	25	1:46	85	41:16	68	0:20
40	432	Hailey Robertson	6/98	F2529	69	0:06:36.43	123	2:40	62	40:01	127	0:26
41	54	Jennifer Henderson	6/97	F4549	180	0:07:43.15	63	2:10	23	37:05	769	1:50
42	172	Erika Bennett	2/72	F5054	365	0:08:52.38	59	2:08	24	37:09	499	0:59
43	10	Ivy Eski	3/22	F2024	87	0:06:52.23	37	1:50	54	39:37	363	0:43
44	49	Katie Seybert	7/98	F2529	92	0:06:55.46	50	2:00	32	38:00	558	1:08
45	39	Liane Nagata	3/72	F5054	163	0:07:33.47	18	1:41	33	38:05	456	0:55
46	55	Mia Stiassny	1/78	F1014	112	0:07:07.72	22	1:44	107	42:09	57	0:18
47	37	Katherine Kelly	9/139	F3539	60	0:06:31.79	12	1:36	97	41:46	486	0:58
48	47	Katra Wedeking	7/97	F4549	102	0:07:02.62	23	1:44	28	37:38	245	0:34
49	43	Sarah Bagron	10/139	F3539	201	0:07:52.35	27	1:46	39	38:33	608	1:16
50	29	Jennifer Armentrou	11/150	F4044	147	0:07:25.70	65	2:11	48	39:15	575	1:10

RESULTS BY: Skinny Raven Events and Timing

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Place	Bib	Name	Div/Tot	Div	Rank	Swim	Rank	T1	Rank	Bike	Rank	T2
51	777	Lauren Grippo	5/142	F3034	7	0:05:27.38	76	2:17	84	41:14	354	0:43
52	860	Shannon Perrins	8/98	F2529	121	0:07:12.30	54	2:02	173	44:12	6	0:12
53	789	Destiny Ingram	12/150	F4044	88	0:06:53.54	185	2:58	80	41:00	644	1:24
54	793	Sarah Nicholas	9/98	F2529	37	0:06:04.21	120	2:39	109	42:12	472	0:56
55	34	Holly Boston	11/139	F3539	194	0:07:48.83	41	1:53	31	37:48	471	0:56
56	2	Kristina Eaton	13/150	F4044	132	0:07:19.06	53	2:02	29	37:47	521	1:02
57	53	Jodi Harskamp	8/97	F4549	191	0:07:47.98	108	2:31	45	38:58	467	0:56
58	160	McKinley Wallace	10/98	F2529	18	0:05:46.33	89	2:24	60	39:52	542	1:06
59	38	Suzie Hosmanek	14/150	F4044	336	0:08:44.60	8	1:34	64	40:02	548	1:07
60	786	Emily Sears	11/98	F2529	49	0:06:18.94	133	2:44	148	43:34	18	0:15
61	71	Juliette Benson	5/64	F1519	4	0:05:13.39	90	2:25	143	43:26	106	0:24
62	286	Megan Neale	12/98	F2529	487	0:09:41.25	171	2:54	81	41:03	775	1:51
63	243	Natasha Dye	6/142	F3034	53	0:06:22.70	117	2:38	165	43:57	17	0:15
64	56	Nancy Spence	9/97	F4549	519	0:09:54.15	67	2:12	30	37:48	380	0:45
65	52	Madison Rosser	7/142	F3034	166	0:07:35.51	43	1:53	141	43:21	326	0:40
66	36	Anna Rix	8/142	F3034	90	0:06:54.23	30	1:48	49	39:21	549	1:07
67	773	Eileen McKean	12/139	F3539	12	0:05:40.44	204	3:03	82	41:11	636	1:22
68	58	Sheryl Loan	1/44	F6064	754	0:11:57.73	121	2:39	4	34:14	828	2:09
69	1074	Holly Fisk	13/139	F3539	135	0:07:20.67	40	1:52	53	39:32	517	1:02
70	277	Jaena Tranberg	14/139	F3539	387	0:08:59.67	110	2:31	70	40:25	515	1:01
71	285	Shelly James	2/44	F6064	411	0:09:12.30	144	2:47	27	37:28	712	1:39
72	919	Taylor Ferguson	9/142	F3034	362	0:08:52.09	244	3:17	57	39:43	685	1:33
73	50	Ingrid Reese	15/150	F4044	177	0:07:42.04	46	1:58	104	42:04	526	1:03
74	33	Mikayla Savikko	15/139	F3539	207	0:07:54.47	64	2:10	59	39:48	493	0:59
75	48	Sarah Conkey	10/142	F3034	24	0:05:50.75	45	1:54	95	41:41	324	0:40
76	25	Jodi McLaughlin	10/97	F4549	22	0:05:49.79	97	2:29	75	40:47	44	0:18
77	778	Donna Pierce-Wrigh	11/142	F3034	15	0:05:44.70	116	2:37	42	38:51	553	1:07
78	861	Jacqueline Klecka	13/98	F2529	250	0:08:10.40	155	2:49	58	39:46	802	1:59
79	1060	Christina Curtner	14/98	F2529	85	0:06:50.11	581	4:43	76	40:50	196	0:30
80	462	Aviana Sorich	6/64	F1519	8	0:05:29.87	98	2:29	166	44:00	588	1:12
81	230	Sara Cleaver	12/142	F3034	80	0:06:46.40	66	2:11	149	43:36	581	1:11
82	1130	Charity Duley	16/139	F3539	306	0:08:35.14	250	3:18	135	43:10	19	0:15
83	790	Maria Cvancara	7/64	F1519	10	0:05:36.37	359	3:42	174	44:16	246	0:34
84	830	Linnea Gray	8/64	F1519	209	0:07:56.98	225	3:12	91	41:31	534	1:05
85	75	Dianne Prince	1/42	F5559	233	0:08:03.34	95	2:28	56	39:42	258	0:35
86	809	Colleen Crum	17/139	F3539	50	0:06:20.50	228	3:12	137	43:12	113	0:25
87	266	Tanya Kirk	2/42	F5559	386	0:08:59.66	32	1:49	41	38:50	454	0:54
88	51	Madelin Lowen	2/78	F1014	156	0:07:30.82	42	1:53	200	44:58	475	0:56
89	1177	Alana Lim	9/64	F1519	226	0:08:02.06	165	2:53	188	44:39	64	0:19
90	811	Lauren Smayda	18/139	F3539	200	0:07:51.58	82	2:18	66	40:20	552	1:07
91	57	Lauren Dorris	10/64	F1519	11	0:05:39.70	203	3:02	224	45:49	70	0:21
92	59	Hailee Rahm	16/150	F4044	265	0:08:17.73	180	2:57	117	42:26	58	0:18
93	554	Carma Reed	3/42	F5559	438	0:09:22.68	162	2:51	108	42:10	599	1:14
94	938	Melanie Briggs	17/150	F4044	641	0:10:54.08	170	2:54	55	39:37	516	1:01
95	888	Riley Bennett-Vock	19/139	F3539	612	0:10:34.11	38	1:51	133	43:02	361	0:43
96	345	Hannah Ingram	15/98	F2529	596	0:10:29.45	96	2:28	123	42:41	498	0:59
97	1095	Chelsea Grimstad	13/142	F3034	280	0:08:23.93	389	3:52	65	40:04	839	2:14
98	876	Kari Fritzel	4/72	F5054	369	0:08:53.52	372	3:47	100	42:02	249	0:34
99	473	Danielle Stevens	14/142	F3034	94	0:06:57.49	750	6:00	185	44:35	60	0:19
100	1059	Meg Walsh	20/139	F3539	28	0:05:56.09	221	3:11	103	42:04	711	1:39

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Place	Bib	Name	Div/Tot	Div	Rank	Swim	Rank	T1	Rank	Bike	Rank	T2
101	115	Beth Calabro	18/150	F4044	57	0:06:30.65	57	2:04	106	42:08	559	1:08
102	873	Kristen Stille	11/97	F4549	256	0:08:13.46	227	3:12	150	43:37	672	1:30
103	60	Debbie Boots	4/42	F5559	295	0:08:31.19	130	2:43	93	41:36	300	0:38
104	30	Jennifer Lamoreaux	5/72	F5054	70	0:06:39.60	101	2:30	74	40:46	495	0:59
105	820	Beki Toussaint	21/139	F3539	140	0:07:23.01	62	2:10	136	43:11	400	0:47
106	968	Holly Cook	22/139	F3539	565	0:10:12.98	330	3:36	209	45:18	71	0:21
107	805	Brynn Byam	16/98	F2529	111	0:07:07.35	91	2:25	230	46:04	9	0:13
108	238	Mary Krynski	3/44	F6064	251	0:08:10.98	153	2:48	96	41:44	612	1:16
109	259	Karin Gillis	4/44	F6064	327	0:08:42.40	529	4:28	63	40:01	666	1:29
110	808	Jamie Shearer	19/150	F4044	195	0:07:49.45	206	3:04	176	44:21	784	1:53
111	995	Ava Huey	3/78	F1014	210	0:07:57.32	94	2:26	206	45:15	422	0:49
112	46	Katherine Sind	15/142	F3034	321	0:08:41.18	181	2:57	195	44:52	465	0:56
113	480	Amanda Butler	16/142	F3034	388	0:08:59.74	167	2:53	94	41:41	701	1:35
114	537	Aeia Davis	11/64	F1519	101	0:07:01.87	191	2:59	178	44:27	107	0:24
115	191	Katie Puls	12/64	F1519	14	0:05:44.24	129	2:42	355	49:03	66	0:20
116	925	Jennifer Flanagan	12/97	F4549	389	0:09:00.22	114	2:37	205	45:12	272	0:36
117	482	Hanna Deraedt	17/98	F2529	73	0:06:41.91	78	2:17	153	43:41	640	1:23
118	562	Irene Bembenek	18/98	F2529	187	0:07:46.51	414	3:58	131	42:58	483	0:57
119	806	Aleah Schoengut	23/139	F3539	127	0:07:14.16	473	4:14	132	42:59	835	2:14
120	775	Cara Hesselbach	24/139	F3539	185	0:07:45.93	161	2:51	197	44:53	742	1:44
121	368	Anna Cantrell	17/142	F3034	403	0:09:07.13	232	3:15	77	40:52	163	0:28
122	35	Megan McLaughlin	13/64	F1519	3	0:05:07.94	73	2:16	278	47:27	54	0:18
123	219	Leah Legate	5/42	F5559	169	0:07:37.79	164	2:53	90	41:28	803	2:00
124	818	Sarah Baldwin	25/139	F3539	165	0:07:34.96	154	2:48	101	42:02	570	1:10
125	279	Carleen Schleppeb	6/72	F5054	282	0:08:24.11	49	2:00	115	42:25	550	1:07
126	251	Samantha Longacre	18/142	F3034	296	0:08:31.23	245	3:17	248	46:42	894	2:43
127	467	Claire Coppel	5/44	F6064	138	0:07:22.55	262	3:22	126	42:46	505	1:00
128	167	Jill Burnett	13/97	F4549	91	0:06:55.31	126	2:41	216	45:34	302	0:38
129	78	Joey Eski	7/72	F5054	326	0:08:42.15	145	2:47	52	39:30	481	0:57
130	867	Anne Keeling	19/142	F3034	240	0:08:06.73	565	4:39	122	42:41	824	2:08
131	868	Jennifer Hillman	26/139	F3539	257	0:08:13.52	20	1:43	119	42:32	547	1:06
132	271	Torrey Hunter	20/150	F4044	120	0:07:12.20	371	3:46	113	42:17	876	2:35
133	207	Ashley French	27/139	F3539	236	0:08:04.79	85	2:19	110	42:13	464	0:56
134	800	Sophia Cvancara	14/64	F1519	23	0:05:50.09	258	3:22	226	45:52	101	0:24
135	501	Amy Engeberg	21/150	F4044	743	0:11:51.46	87	2:21	88	41:27	333	0:40
136	135	Sara Sjostrom	14/97	F4549	342	0:08:46.00	104	2:31	71	40:32	729	1:42
137	1077	Lies Packer	1/19	F6569	258	0:08:14.05	188	2:58	128	42:52	61	0:19
138	801	Meera Parekh	20/142	F3034	76	0:06:43.44	469	4:13	251	46:47	388	0:46
139	1250	Robin Cunningham	28/139	F3539	298	0:08:32.07	499	4:21	118	42:28	764	1:49
140	205	Susie Dietz	8/72	F5054	143	0:07:24.68	202	3:02	138	43:13	461	0:55
141	1075	Jasmin Martin	19/98	F2529	110	0:07:07.12	308	3:32	146	43:32	655	1:27
142	772	Nicole Twhig	21/142	F3034	402	0:09:06.97	93	2:26	183	44:33	804	2:00
143	1072	Courtney Spann	22/142	F3034	218	0:07:59.12	304	3:31	217	45:36	282	0:37
144	1207	Tahlia Carroll	15/64	F1519	293	0:08:31.00	187	2:58	258	46:58	555	1:08
145	1103	Sara Hadden	15/97	F4549	211	0:07:57.71	148	2:48	105	42:07	476	0:56
146	1021	Leah Pavlic	29/139	F3539	299	0:08:32.22	425	4:01	99	42:02	202	0:31
147	635	Melissa Knight	30/139	F3539	239	0:08:06.62	230	3:15	129	42:56	617	1:17
148	139	Katie Naylor	16/97	F4549	260	0:08:14.36	256	3:19	86	41:22	732	1:42
149	872	Brittany Pearson	31/139	F3539	328	0:08:42.90	135	2:45	156	43:47	652	1:26
150	112	Peggy Gonzalez	17/97	F4549	278	0:08:23.08	141	2:45	189	44:41	155	0:28

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Place	Bib	Name	Div/Tot	Div	Rank	Swim	Rank	T1	Rank	Bike	Rank	T2
151	477	Jenelle Brinkman	22/150	F4044	122	0:07:12.85	21	1:43	229	46:01	325	0:40
152	1125	Valerie Martinez	23/150	F4044	397	0:09:03.88	147	2:47	203	45:04	760	1:48
153	475	Amber Myers	24/150	F4044	302	0:08:33.19	137	2:45	114	42:18	492	0:59
154	972	Kyndall Carey	32/139	F3539	656	0:11:02.68	240	3:16	78	40:54	87	0:22
155	526	Pam Tittle	6/42	F5559	674	0:11:12.62	99	2:29	79	41:00	782	1:53
156	342	Heidi Glotfelty Co	9/72	F5054	430	0:09:18.56	193	3:00	159	43:51	94	0:23
157	411	Cindy Freistone	7/42	F5559	768	0:12:10.56	402	3:55	169	44:02	24	0:16
158	413	Ashley Plooy	20/98	F2529	522	0:09:55.31	231	3:15	171	44:05	748	1:45
159	728	Ingrid Kelly	21/98	F2529	736	0:11:49.18	519	4:25	168	44:02	532	1:04
160	1110	Vera Pluharova	22/98	F2529	310	0:08:36.56	84	2:19	262	47:08	36	0:17
161	959	Callie Wilder	33/139	F3539	413	0:09:13.00	151	2:48	164	43:57	746	1:45
162	548	Celine Siddall	34/139	F3539	418	0:09:13.96	518	4:25	177	44:22	536	1:05
163	24	Valerie Goulet	23/142	F3034	178	0:07:42.75	34	1:50	223	45:48	780	1:53
164	258	Jocelyn Doremus	35/139	F3539	216	0:07:58.64	222	3:12	210	45:19	556	1:08
165	510	Amanda Hawes	18/97	F4549	447	0:09:25.47	86	2:20	191	44:47	603	1:14
166	836	Kara Mathys	24/142	F3034	202	0:07:52.82	378	3:49	263	47:09	754	1:47
167	275	Jackie Nguyen	25/150	F4044	517	0:09:54.00	688	5:23	244	46:34	185	0:30
168	465	Hannah Chandler	23/98	F2529	84	0:06:48.92	317	3:34	243	46:33	680	1:31
169	981	Keri Conrad	26/150	F4044	574	0:10:14.88	226	3:12	83	41:11	709	1:38
170	1109	Christina Morgan	36/139	F3539	379	0:08:55.74	192	3:00	267	47:15	13	0:14
171	1138	Hannah Vogt	24/98	F2529	81	0:06:46.90	810	6:52	233	46:06	514	1:01
172	178	Mona Bremont	6/44	F6064	437	0:09:22.09	79	2:18	67	40:20	783	1:53
173	64	Keena Bennett	4/78	F1014	40	0:06:05.03	174	2:55	270	47:17	110	0:24
174	310	Lori Guyer	10/72	F5054	746	0:11:52.16	122	2:40	201	44:58	183	0:30
175	283	Jessica Nangle	19/97	F4549	174	0:07:38.91	233	3:15	151	43:40	715	1:40
176	798	Megon Coon	37/139	F3539	128	0:07:15.15	465	4:12	354	49:03	22	0:15
177	367	Bronwyn Haynes	8/42	F5559	770	0:12:13.61	47	1:59	92	41:33	688	1:33
178	125	Suzanne Armentrout	11/72	F5054	175	0:07:40.31	160	2:50	130	42:57	725	1:42
179	151	Mireya delaPena	9/42	F5559	148	0:07:26.22	72	2:16	186	44:36	614	1:17
180	144	Elizabeth Bingham	16/64	F1519	42	0:06:06.51	77	2:17	259	47:00	48	0:18
181	570	Michelle Richards	10/42	F5559	601	0:10:31.88	564	4:39	246	46:37	27	0:16
182	84	Francisca Barnett	27/150	F4044	367	0:08:53.08	124	2:40	212	45:26	527	1:03
183	964	Brenna Flannery	17/64	F1519	247	0:08:09.52	464	4:11	389	49:49	453	0:54
184	875	Lauren Rocco	38/139	F3539	157	0:07:30.92	365	3:44	326	48:28	50	0:18
185	1076	Natalie Brinley	25/142	F3034	79	0:06:43.87	152	2:48	231	46:06	360	0:43
186	969	Carol Halvorson	12/72	F5054	690	0:11:22.14	197	3:01	121	42:35	740	1:44
187	97	Sarah Morehouse	28/150	F4044	507	0:09:50.17	248	3:18	303	47:54	229	0:32
188	1112	Sara Warrick	26/142	F3034	291	0:08:28.97	172	2:55	68	40:22	763	1:48
189	1166	Madeline Troxell	4/22	F2024	352	0:08:49.21	176	2:56	324	48:26	284	0:37
190	1216	Masie Fedako	25/98	F2529	506	0:09:49.90	567	4:39	158	43:49	121	0:25
191	930	Carol Stratton	29/150	F4044	356	0:08:50.08	539	4:30	211	45:19	877	2:35
192	322	Erica Stewart	5/22	F2024	33	0:06:00.69	169	2:53	266	47:14	83	0:22
193	866	Megan Craig	39/139	F3539	320	0:08:41.08	208	3:05	313	48:12	370	0:44
194	221	Erin Eisses	27/142	F3034	104	0:07:03.80	428	4:01	145	43:31	736	1:43
195	921	Sarah King	28/142	F3034	351	0:08:48.76	521	4:25	187	44:39	393	0:47
196	73	Anna-Marie Benson	13/72	F5054	305	0:08:34.90	190	2:59	237	46:23	568	1:09
197	1064	Richell Carmichael	30/150	F4044	192	0:07:48.13	296	3:30	196	44:53	102	0:24
198	138	Karla Taylor-Welch	2/19	F6569	484	0:09:41.04	186	2:58	89	41:28	607	1:15
199	163	Brandy Baker	31/150	F4044	350	0:08:48.60	272	3:24	276	47:24	115	0:25
200	839	Karen Lewis	32/150	F4044	333	0:08:44.10	328	3:36	193	44:49	567	1:09

RESULTS BY: Skinny Raven Events and Timing

2022 GOLD NUGGET TRIATHLON
 May 15, 2022
 Bartlett High School, Anchorage AK

Place	Bib	Name	Div/Tot	Div	Rank	Swim	Rank	T1	Rank	Bike	Rank	T2
201	812	Mikayla Clarke	26/98	F2529	171	0:07:38.22	131	2:44	297	47:48	756	1:47
202	1182	Erica Lambers	33/150	F4044	262	0:08:16.54	543	4:32	202	44:59	717	1:41
203	105	Julia Thomas	18/64	F1519	349	0:08:48.56	69	2:12	360	49:08	35	0:17
204	1068	Hannah Puryear	27/98	F2529	225	0:08:02.04	312	3:33	299	47:50	679	1:31
205	489	Megan Currier	6/22	F2024	765	0:12:07.78	333	3:37	215	45:31	683	1:33
206	822	Jenny Sutton	40/139	F3539	231	0:08:02.95	217	3:09	155	43:44	702	1:35
207	470	Meghan Paulson	41/139	F3539	381	0:08:56.67	92	2:26	167	44:01	766	1:50
208	1071	Joanne Thomas	11/42	F5559	150	0:07:27.42	283	3:27	235	46:20	355	0:43
209	146	Evelyn Octuk	20/97	F4549	48	0:06:17.64	381	3:51	337	48:45	278	0:36
210	76	Brooke Smith	29/142	F3034	314	0:08:37.40	443	4:05	239	46:26	431	0:51
211	412	Wendy Moe	14/72	F5054	595	0:10:29.42	115	2:37	161	43:55	697	1:35
212	513	Kris Miller	12/42	F5559	622	0:10:42.96	239	3:16	152	43:40	813	2:04
213	145	Gianna McCune	34/150	F4044	203	0:07:53.74	100	2:30	170	44:03	721	1:41
214	1054	Harper Willman	5/78	F1014	103	0:07:03.52	175	2:55	98	41:52	490	0:58
215	204	Abby McHenry	28/98	F2529	17	0:05:46.02	261	3:22	271	47:17	522	1:03
216	621	Esther Hayes	35/150	F4044	47	0:06:15.51	354	3:41	240	46:26	625	1:20
217	832	Molly Copple	30/142	F3034	219	0:07:59.40	442	4:05	333	48:40	40	0:17
218	807	Lori Kaltenbach	21/97	F4549	300	0:08:33.18	242	3:17	199	44:55	691	1:34
219	303	Vanessa Vetsch	36/150	F4044	217	0:07:59.06	388	3:52	367	49:15	793	1:56
220	1067	Chrissie Babin	15/72	F5054	222	0:08:01.15	386	3:52	234	46:07	560	1:08
221	171	Ashley Hicks	7/22	F2024	558	0:10:10.87	128	2:42	238	46:24	56	0:18
222	569	Michelle Geidl	37/150	F4044	527	0:09:56.66	607	4:52	116	42:25	768	1:50
223	841	Ruth Kroona	16/72	F5054	576	0:10:16.77	362	3:43	147	43:34	761	1:48
224	833	Felicia Zambrano	38/150	F4044	294	0:08:31.09	760	6:06	219	45:44	123	0:26
225	257	Rachel Odum	29/98	F2529	196	0:07:49.50	523	4:27	292	47:42	487	0:58
226	887	Abby Wippermann	30/98	F2529	170	0:07:37.90	644	5:05	352	49:00	184	0:30
227	1065	Lilian Ho	42/139	F3539	146	0:07:25.59	166	2:53	307	47:56	98	0:23
228	1133	Debora Summers	7/44	F6064	355	0:08:49.98	132	2:44	72	40:42	477	0:56
229	902	Marissa Gingery	31/98	F2529	784	0:12:21.21	276	3:25	124	42:42	587	1:11
230	917	Carri Elfstrom	39/150	F4044	391	0:09:02.96	727	5:49	198	44:54	79	0:21
231	955	Brianna Ramsey	31/142	F3034	464	0:09:30.23	280	3:27	330	48:38	16	0:15
232	393	Katharina Zellmann	40/150	F4044	630	0:10:47.55	324	3:35	295	47:44	203	0:31
233	214	Mollee Raney	3/19	F6569	249	0:08:10.31	140	2:45	254	46:49	281	0:37
234	1093	SARAH APSENS	32/142	F3034	188	0:07:46.55	157	2:49	302	47:53	241	0:33
235	369	Ingrid Reep	43/139	F3539	488	0:09:41.91	329	3:36	338	48:45	168	0:29
236	859	Laura Jungreis	33/142	F3034	539	0:10:01.84	393	3:53	309	47:57	43	0:17
237	123	Janet Morrone	22/97	F4549	682	0:11:16.62	404	3:56	142	43:23	730	1:42
238	246	Emily Long	41/150	F4044	179	0:07:42.87	214	3:08	323	48:22	815	2:04
239	895	Hannah Kornely	34/142	F3034	124	0:07:13.16	562	4:38	361	49:09	134	0:26
240	783	Emily Pasternak	32/98	F2529	56	0:06:30.02	705	5:33	222	45:47	223	0:32
241	129	Debra Kinn	4/19	F6569	503	0:09:48.29	55	2:03	144	43:30	108	0:24
242	553	Veronika Reed	19/64	F1519	652	0:11:02.16	113	2:36	265	47:13	55	0:18
243	373	Ellyn Brown	1/10	F7074	345	0:08:47.21	556	4:36	256	46:52	851	2:23
244	1056	Holly D Willman	42/150	F4044	39	0:06:04.60	289	3:28	163	43:55	574	1:10
245	175	Beth Werge	35/142	F3034	279	0:08:23.83	756	6:05	245	46:34	800	1:58
246	162	Debbie Paine	43/150	F4044	241	0:08:07.82	275	3:25	125	42:43	822	2:06
247	299	Carley Wallace	36/142	F3034	105	0:07:05.77	219	3:10	359	49:08	643	1:24
248	923	Arran Forbes	44/139	F3539	453	0:09:27.29	468	4:13	157	43:49	610	1:16
249	705	Katie Lauwers	33/98	F2529	414	0:09:13.23	238	3:16	277	47:27	698	1:35
250	192	Aimee Chauvot	45/139	F3539	444	0:09:24.28	189	2:58	392	49:57	585	1:11

RESULTS BY: Skinny Raven Events and Timing

2022 GOLD NUGGET TRIATHLON
 May 15, 2022
 Bartlett High School, Anchorage AK

Place	Bib	Name	Div/Tot	Div	Rank	Swim	Rank	T1	Rank	Bike	Rank	T2
251	128	Kimberly Bush	17/72	F5054	316	0:08:38.63	179	2:56	73	40:45	848	2:20
252	827	Holly Payne	37/142	F3034	246	0:08:09.41	597	4:49	362	49:10	539	1:06
253	313	Kayla Guerrero	38/142	F3034	106	0:07:05.79	51	2:00	242	46:31	602	1:14
254	1120	Mari Rueter	46/139	F3539	374	0:08:55.12	119	2:39	403	50:10	26	0:16
255	524	Sue Sheard	8/44	F6064	512	0:09:51.87	102	2:30	182	44:32	631	1:22
256	199	Ellie Cutting	20/64	F1519	9	0:05:32.05	105	2:31	424	50:37	838	2:14
257	1066	Merrileigh Boring	18/72	F5054	125	0:07:13.80	627	5:00	289	47:40	114	0:25
258	1144	Kaley Volper	39/142	F3034	383	0:08:58.36	163	2:52	253	46:48	225	0:32
259	493	Taylor Holsinger	40/142	F3034	252	0:08:11.02	269	3:23	280	47:29	349	0:42
260	319	Stephanie Seward	44/150	F4044	176	0:07:40.89	118	2:38	318	48:16	546	1:06
261	858	Lauren Hundrup	47/139	F3539	287	0:08:26.68	363	3:43	232	46:06	693	1:34
262	898	Krista Lang	48/139	F3539	395	0:09:03.72	334	3:37	479	52:15	118	0:25
263	79	Tui Stanbury	6/78	F1014	62	0:06:32.53	259	3:22	399	50:04	82	0:22
264	1152	Logan Brink	34/98	F2529	429	0:09:18.55	212	3:08	342	48:52	151	0:28
265	260	Amanda Miotke	45/150	F4044	423	0:09:14.91	107	2:31	317	48:16	753	1:47
266	101	Sanjana Greenhill	49/139	F3539	646	0:10:58.54	83	2:19	154	43:44	622	1:19
267	116	Kelly Ramey	19/72	F5054	361	0:08:52.06	530	4:28	175	44:19	930	3:23
268	1178	Kaydee Moore	46/150	F4044	129	0:07:15.25	307	3:32	339	48:50	158	0:28
269	662	Desiree Alvarez	47/150	F4044	789	0:12:23.53	537	4:29	221	45:44	91	0:23
270	503	Michelle Taylor	35/98	F2529	465	0:09:31.08	198	3:01	291	47:42	72	0:21
271	264	Susan Reinhart	48/150	F4044	419	0:09:14.01	246	3:17	261	47:05	821	2:05
272	954	Starrina Gianellon	49/150	F4044	485	0:09:41.07	808	6:51	160	43:53	773	1:51
273	309	Tiffany Schuyler	50/150	F4044	245	0:08:09.37	291	3:29	447	51:27	232	0:33
274	1121	Lynne Vaughn	9/44	F6064	474	0:09:34.27	730	5:50	366	49:14	177	0:29
275	234	Dianna Clemetson	13/42	F5559	204	0:07:53.79	139	2:45	162	43:55	671	1:30
276	894	Emily Tyrrell	41/142	F3034	392	0:09:03.39	578	4:43	320	48:18	385	0:46
277	1244	Anne Gray	23/97	F4549	476	0:09:35.50	873	8:03	293	47:42	250	0:34
278	986	Audrey George	42/142	F3034	332	0:08:43.93	173	2:55	286	47:37	554	1:07
279	1141	Bonnie Jackson	50/139	F3539	496	0:09:44.66	361	3:43	225	45:50	739	1:44
280	563	Caitlin Upton	36/98	F2529	244	0:08:09.21	177	2:56	466	51:52	299	0:38
281	474	Teresa Dearborn	20/72	F5054	107	0:07:05.82	216	3:09	379	49:37	840	2:14
282	528	LEIGH HONIG	51/139	F3539	665	0:11:07.04	418	3:59	283	47:32	745	1:45
283	803	Amy Hart	52/139	F3539	224	0:08:01.54	303	3:31	272	47:18	689	1:33
284	591	Lindsay Wackowski	53/139	F3539	323	0:08:41.67	306	3:32	418	50:29	90	0:23
285	1157	Melissa Toffolon	14/42	F5559	315	0:08:38.32	427	4:01	314	48:13	562	1:08
286	523	Stacey Ledgerwood	24/97	F4549	707	0:11:35.69	136	2:45	181	44:31	635	1:22
287	1085	Natalie Carson	8/22	F2024	343	0:08:46.08	81	2:18	290	47:40	418	0:49
288	551	Carrie Stanfield	51/150	F4044	794	0:12:25.93	485	4:19	180	44:31	648	1:25
289	687	Frieda Tuttle	43/142	F3034	470	0:09:32.74	628	5:01	363	49:11	424	0:50
290	1090	Victoria Carver	44/142	F3034	130	0:07:16.31	817	6:59	112	42:15	975	6:14
291	1057	Grace Zimmerman	37/98	F2529	61	0:06:32.42	703	5:32	368	49:17	199	0:31
292	196	Anna Brooks	7/78	F1014	16	0:05:45.85	341	3:38	498	52:40	788	1:54
293	1041	Sarah Johnson	45/142	F3034	322	0:08:41.33	142	2:46	134	43:03	901	2:48
294	217	Robyn Burnside	38/98	F2529	66	0:06:35.64	461	4:10	523	53:19	372	0:44
295	889	Sarah Jackson	52/150	F4044	494	0:09:43.56	632	5:02	336	48:41	600	1:14
296	914	Julie Aloysius	21/72	F5054	375	0:08:55.24	563	4:38	496	52:37	496	0:59
297	288	Elizabeth Mar Thom	54/139	F3539	490	0:09:42.26	266	3:23	127	42:48	583	1:11
298	819	Kimberly Buskirk	22/72	F5054	346	0:08:47.75	416	3:58	448	51:27	47	0:18
299	852	Bonnie Kosten	46/142	F3034	152	0:07:28.99	366	3:44	255	46:50	879	2:37
300	834	Kristen Keifer	55/139	F3539	307	0:08:35.79	526	4:27	111	42:13	836	2:14

RESULTS BY: Skinny Raven Events and Timing

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 May 15, 2022
 Bartlett High School, Anchorage AK

Place	Bib	Name	Div/Tot	Div	Rank	Swim	Rank	T1	Rank	Bike	Rank	T2
301	479	Mandy Johnson	56/139	F3539	671	0:11:11.21	385	3:52	325	48:28	156	0:28
302	495	Katherine Porter	57/139	F3539	589	0:10:27.18	572	4:41	306	47:54	290	0:38
303	847	Allison Devine	39/98	F2529	118	0:07:11.44	182	2:57	343	48:52	42	0:17
304	791	Ali Dibble	40/98	F2529	26	0:05:55.38	926	9:51	296	47:48	759	1:48
305	239	Anna Kardashyan	21/64	F1519	161	0:07:33.10	350	3:40	497	52:38	39	0:17
306	785	Amelia Kari	8/78	F1014	114	0:07:08.86	168	2:53	538	54:02	124	0:26
307	350	Rebekah Jensen	41/98	F2529	427	0:09:17.20	260	3:22	477	52:13	15	0:14
308	308	Lisa Ramstad	15/42	F5559	554	0:10:10.41	454	4:08	268	47:15	728	1:42
309	592	Codi Armstrong	47/142	F3034	592	0:10:28.82	201	3:02	284	47:32	63	0:19
310	1032	Laura Reynolds	25/97	F4549	750	0:11:55.84	737	5:54	273	47:23	346	0:42
311	120	Jinny Cooper	23/72	F5054	586	0:10:24.87	48	2:00	236	46:21	642	1:24
312	179	Hanley Robinson	53/150	F4044	89	0:06:54.21	397	3:54	428	50:51	795	1:57
313	300	Heather Schoff	42/98	F2529	446	0:09:25.19	423	4:00	348	48:56	647	1:25
314	545	Fran Brink	16/42	F5559	566	0:10:13.14	728	5:49	87	41:23	963	4:32
315	844	Jamey Reed	58/139	F3539	416	0:09:13.57	549	4:33	331	48:38	32	0:16
316	1217	Jessie Judy	26/97	F4549	694	0:11:24.51	797	6:40	179	44:30	716	1:40
317	1084	Molly Lee Lunsford	43/98	F2529	274	0:08:21.46	68	2:12	520	53:17	73	0:21
318	1055	Ruby Willman	9/78	F1014	67	0:06:35.80	314	3:33	308	47:57	684	1:33
319	198	Madeline Bingham	9/22	F2024	78	0:06:43.59	211	3:07	406	50:16	178	0:29
320	142	Janet Smalley	2/10	F7074	531	0:09:58.30	178	2:56	227	45:53	78	0:21
321	490	Alexa Blakey	22/64	F1519	364	0:08:52.36	496	4:21	304	47:54	193	0:30
322	1099	Megan Rowland	59/139	F3539	594	0:10:29.04	480	4:17	274	47:23	875	2:34
323	1119	Samantha Riley	48/142	F3034	742	0:11:50.87	395	3:53	214	45:31	150	0:27
324	1200	Ty Ward	44/98	F2529	610	0:10:33.97	146	2:47	328	48:34	84	0:22
325	85	Mary Cox	5/19	F6569	459	0:09:28.49	729	5:50	139	43:18	774	1:51
326	340	Karen Sallee	54/150	F4044	435	0:09:19.88	431	4:02	319	48:17	626	1:20
327	987	Madison Dahlstrom	23/64	F1519	139	0:07:22.80	455	4:08	633	57:02	65	0:20
328	372	Whitney Andersen	49/142	F3034	472	0:09:34.11	255	3:19	288	47:39	641	1:24
329	195	Madeleine Oakley	45/98	F2529	19	0:05:46.35	196	3:01	528	53:35	762	1:48
330	624	Jenna Wright	50/142	F3034	800	0:12:30.66	252	3:19	408	50:18	189	0:30
331	849	Theresa Sheldon	55/150	F4044	330	0:08:43.27	345	3:38	452	51:33	403	0:47
332	519	Erin Sansotta	60/139	F3539	501	0:09:46.89	264	3:22	387	49:48	741	1:44
333	1167	Sarah Palenske	61/139	F3539	407	0:09:08.29	112	2:35	192	44:48	699	1:35
334	249	Meadow Bailly	10/78	F1014	370	0:08:53.54	61	2:09	475	52:09	531	1:04
335	992	Brett Timmons	51/142	F3034	607	0:10:33.52	617	4:56	396	50:03	195	0:30
336	703	Kjersten Bartusch	56/150	F4044	658	0:11:03.04	419	3:59	374	49:26	132	0:26
337	273	Claire Steiner	10/22	F2024	227	0:08:02.41	285	3:28	515	53:11	474	0:56
338	626	Arianna Espindola	24/64	F1519	963	0:18:32.39	457	4:09	213	45:27	28	0:16
339	118	Kristan Kelly	17/42	F5559	164	0:07:34.81	134	2:45	305	47:54	751	1:46
340	312	Alicia Cridge	52/142	F3034	425	0:09:16.29	267	3:23	465	51:50	263	0:35
341	673	Shawna Henderson	27/97	F4549	668	0:11:10.50	498	4:21	426	50:46	197	0:31
342	920	Elena Hartford	53/142	F3034	439	0:09:23.19	294	3:29	279	47:29	845	2:19
343	351	Sarah Jensen	18/42	F5559	616	0:10:35.16	459	4:09	370	49:19	21	0:15
344	415	Johnna Minemyer	62/139	F3539	669	0:11:10.51	533	4:29	228	45:55	198	0:31
345	1098	Sarah Liebe	46/98	F2529	267	0:08:18.40	755	6:04	551	54:32	146	0:27
346	140	Alayna Naylor	11/78	F1014	206	0:07:53.92	662	5:11	471	51:57	116	0:25
347	244	Colleen Fisk	54/142	F3034	189	0:07:46.63	249	3:18	300	47:52	340	0:41
348	1104	ERIN BERG	63/139	F3539	877	0:13:52.19	460	4:10	394	50:00	190	0:30
349	254	Amy Brumbaugh	28/97	F4549	603	0:10:32.54	247	3:17	395	50:02	276	0:36
350	72	Sophia Benson	11/22	F2024	113	0:07:08.53	348	3:39	422	50:32	419	0:49

RESULTS BY: Skinny Raven Events and Timing

2022 GOLD NUGGET TRIATHLON
 May 15, 2022
 Bartlett High School, Anchorage AK

Place	Bib	Name	Div/Tot	Div	Rank	Swim	Rank	T1	Rank	Bike	Rank	T2
351	448	Sarah Brumbaugh	47/98	F2529	666	0:11:07.06	383	3:51	404	50:13	491	0:59
352	436	Alena Prosser	57/150	F4044	543	0:10:02.36	709	5:36	264	47:11	630	1:22
353	1127	Markie Shiflea	64/139	F3539	730	0:11:47.58	541	4:32	393	49:59	632	1:22
354	911	Letty Tiernan	65/139	F3539	325	0:08:42.09	287	3:28	420	50:29	181	0:29
355	550	Dana Espindola	58/150	F4044	521	0:09:55.09	681	5:20	281	47:31	416	0:49
356	278	Sharayah Talarovic	66/139	F3539	334	0:08:44.13	194	3:00	546	54:15	430	0:51
357	343	Grace Conway	25/64	F1519	97	0:06:59.02	207	3:04	388	49:49	208	0:31
358	237	Tricia Perkins	10/44	F6064	661	0:11:03.72	210	3:06	252	46:47	545	1:06
359	445	Lucy Olson	12/78	F1014	489	0:09:42.14	491	4:20	508	52:53	308	0:39
360	481	Kimberly Osburn	59/150	F4044	478	0:09:36.80	426	4:01	315	48:14	233	0:33
361	953	Kaillee Sworts	48/98	F2529	456	0:09:28.21	503	4:22	298	47:49	243	0:33
362	494	Madison Halloran	55/142	F3034	462	0:09:29.45	620	4:59	442	51:21	690	1:34
363	447	Jaymi Whittecar	49/98	F2529	329	0:08:43.22	787	6:29	416	50:25	411	0:48
364	444	Megan Olson	24/72	F5054	550	0:10:08.32	487	4:19	492	52:32	500	0:59
365	543	Katriina Timm	60/150	F4044	530	0:09:57.29	507	4:24	241	46:30	796	1:57
366	619	Loren Gurkowski	56/142	F3034	569	0:10:13.72	561	4:38	458	51:40	216	0:32
367	918	Molly Forsyth	50/98	F2529	284	0:08:26.23	424	4:01	358	49:06	171	0:29
368	1108	Patricia O'Gorman	3/10	F7074	483	0:09:40.86	143	2:47	357	49:04	173	0:29
369	1154	Lauren Koehler-Lee	51/98	F2529	568	0:10:13.53	520	4:25	340	48:50	122	0:25
370	281	Guinevere Hill	61/150	F4044	212	0:07:57.81	357	3:42	521	53:18	524	1:03
371	1165	Maryjane Baxter	13/78	F1014	626	0:10:44.31	138	2:45	552	54:33	4	0:12
372	492	Julie Vogler	25/72	F5054	290	0:08:28.70	209	3:06	102	42:04	867	2:31
373	320	Shannon Morley	62/150	F4044	461	0:09:28.51	415	3:58	423	50:34	112	0:24
374	1073	Sherry Carter	57/142	F3034	151	0:07:27.99	879	8:13	525	53:26	801	1:58
375	984	Kate Carey	63/150	F4044	777	0:12:17.58	327	3:36	470	51:55	117	0:25
376	851	Charlotte Weston	52/98	F2529	238	0:08:06.25	281	3:27	487	52:23	520	1:02
377	206	Madison Dietz Pawl	26/64	F1519	13	0:05:41.71	205	3:04	407	50:18	231	0:33
378	159	Diane Firmani	6/19	F6569	341	0:08:45.30	376	3:49	204	45:06	738	1:43
379	231	Katherine Bell	53/98	F2529	117	0:07:10.55	297	3:30	517	53:16	871	2:32
380	916	Robin Cope	11/44	F6064	627	0:10:44.76	494	4:20	207	45:15	857	2:26
381	180	Gracie Champion	58/142	F3034	618	0:10:39.23	650	5:07	269	47:16	187	0:30
382	1237	Neeke Erch	59/142	F3034	409	0:09:09.94	890	8:37	437	51:07	412	0:48
383	269	Dena Thomas	29/97	F4549	440	0:09:23.52	159	2:49	184	44:34	860	2:27
384	121	Savannah Afoa	60/142	F3034	289	0:08:27.64	288	3:28	335	48:40	781	1:53
385	696	Jennifer Smith	64/150	F4044	919	0:15:02.74	434	4:04	415	50:24	46	0:18
386	429	Amy Hatter	12/22	F2024	764	0:12:07.58	675	5:17	608	56:22	67	0:20
387	505	Echo McDonald	19/42	F5559	575	0:10:14.99	437	4:04	172	44:09	771	1:50
388	947	Katarzyna Michon	65/150	F4044	537	0:10:00.91	669	5:15	310	48:00	814	2:04
389	941	Nicole Knox	66/150	F4044	448	0:09:26.68	390	3:52	463	51:48	96	0:23
390	951	Malia Klein	67/150	F4044	634	0:10:49.85	346	3:38	526	53:27	779	1:53
391	1083	Angie Darling	68/150	F4044	214	0:07:58.28	747	5:58	571	55:01	462	0:56
392	263	Debbie Folk	30/97	F4549	368	0:08:53.40	158	2:49	451	51:32	613	1:16
393	884	Carolyn Easton	69/150	F4044	505	0:09:49.73	619	4:58	365	49:14	109	0:24
394	633	Audra Borges	61/142	F3034	776	0:12:16.37	721	5:46	425	50:45	755	1:47
395	1069	Amanda Hanley	13/22	F2024	86	0:06:52.14	195	3:00	356	49:04	798	1:57
396	284	Riann Anderson	54/98	F2529	509	0:09:50.65	344	3:38	402	50:07	482	0:57
397	397	Rachel Penney	62/142	F3034	729	0:11:45.39	342	3:38	369	49:18	571	1:10
398	560	Liz Turner	67/139	F3539	787	0:12:22.92	624	5:00	414	50:24	81	0:22
399	201	Avery Hafele	27/64	F1519	5	0:05:14.77	367	3:45	322	48:19	421	0:49
400	210	Zoe Beiergrohnslei	28/64	F1519	100	0:07:01.29	492	4:20	377	49:31	97	0:23

RESULTS BY: Skinny Raven Events and Timing

2022 GOLD NUGGET TRIATHLON
 May 15, 2022
 Bartlett High School, Anchorage AK

Place	Bib	Name	Div/Tot	Div	Rank	Swim	Rank	T1	Rank	Bike	Rank	T2
401	613	Brynn Moe	68/139	F3539	837	0:13:05.73	481	4:18	341	48:51	665	1:29
402	561	Sierra Sterling	29/64	F1519	482	0:09:40.04	309	3:32	541	54:06	62	0:19
403	388	Kayla Mays	55/98	F2529	709	0:11:36.61	106	2:31	535	53:56	37	0:17
404	1016	Freya Janssen	70/150	F4044	645	0:10:57.70	433	4:03	444	51:23	145	0:27
405	823	Alyssa Frothingham	63/142	F3034	141	0:07:23.33	532	4:29	462	51:47	365	0:43
406	628	Ivona Velovic	64/142	F3034	689	0:11:22.06	224	3:12	427	50:47	51	0:18
407	409	Phillipia Holness	12/44	F6064	628	0:10:45.65	199	3:01	400	50:05	619	1:18
408	211	Ava Trembath	30/64	F1519	21	0:05:48.43	273	3:24	763	1:02:19	224	0:32
409	869	Marissa McWhirter	65/142	F3034	313	0:08:37.28	655	5:08	484	52:19	749	1:46
410	596	Jessica Martinson	56/98	F2529	686	0:11:21.59	220	3:11	585	55:40	99	0:23
411	1204	Allison Woolfe	66/142	F3034	660	0:11:03.65	125	2:41	332	48:39	869	2:31
412	1089	Alissa Wardwell	71/150	F4044	181	0:07:43.63	660	5:10	349	48:58	315	0:39
413	497	Meaghan Rothermel	72/150	F4044	638	0:10:52.84	488	4:19	371	49:20	731	1:42
414	850	Kathryn Ginsberg	67/142	F3034	629	0:10:46.00	594	4:47	500	52:45	417	0:49
415	815	Karma Roth	26/72	F5054	556	0:10:10.64	80	2:18	190	44:44	785	1:53
416	274	Andrea Blanchette	69/139	F3539	393	0:09:03.69	368	3:45	530	53:37	391	0:47
417	985	Charity Conti	70/139	F3539	727	0:11:43.83	641	5:04	311	48:03	757	1:48
418	813	Shannon Faber	31/97	F4549	115	0:07:09.68	301	3:30	709	59:28	727	1:42
419	1136	Alexa Hanley	57/98	F2529	126	0:07:13.96	574	4:42	667	57:56	628	1:20
420	1172	Tiera Torres	71/139	F3539	672	0:11:11.34	356	3:41	410	50:21	861	2:28
421	541	Caroline Kirby	73/150	F4044	756	0:12:00.43	335	3:37	312	48:09	589	1:12
422	77	Meghan Owens	72/139	F3539	654	0:11:02.47	478	4:16	450	51:32	147	0:27
423	236	Gabbie Lee	14/78	F1014	276	0:08:22.72	284	3:27	344	48:54	329	0:40
424	846	Samantha Weber	68/142	F3034	145	0:07:25.51	313	3:33	580	55:29	502	1:00
425	349	Gail Freed	69/142	F3034	237	0:08:05.27	251	3:18	499	52:41	261	0:35
426	102	Staci Fieser	32/97	F4549	713	0:11:37.39	430	4:01	413	50:24	511	1:01
427	293	Ann Lovejoy	33/97	F4549	205	0:07:53.91	322	3:35	464	51:50	595	1:13
428	80	Lia Keller	34/97	F4549	449	0:09:26.72	417	3:58	382	49:37	533	1:05
429	636	Lindsey McLean	70/142	F3034	791	0:12:24.78	508	4:24	347	48:56	747	1:45
430	248	Eve Ryan	73/139	F3539	283	0:08:26.21	375	3:48	646	57:18	448	0:54
431	304	Leah Morton	58/98	F2529	255	0:08:13.44	528	4:28	540	54:03	53	0:18
432	870	Clarissa Williams	14/22	F2024	468	0:09:32.13	557	4:37	478	52:13	10	0:13
433	1087	Chelsea Malstrom	71/142	F3034	160	0:07:33.09	243	3:17	461	51:46	792	1:56
434	174	Clara Robinson	15/78	F1014	602	0:10:32.50	311	3:32	566	54:51	182	0:29
435	353	Erika Prieksat	74/139	F3539					398	50:04	687	1:33
436	272	Jamie Swartz	74/150	F4044	268	0:08:18.46	739	5:55	457	51:39	713	1:40
437	152	Donna Newman	20/42	F5559	609	0:10:33.78	489	4:19	431	50:54	921	3:11
438	119	Megan Lundin	75/150	F4044	945	0:17:11.58	661	5:10	250	46:44	667	1:29
439	901	Tunde Breg	75/139	F3539	400	0:09:05.53	702	5:29	460	51:42	141	0:27
440	598	Ava Von Gemmingen	31/64	F1519	542	0:10:02.32	213	3:08	473	52:04	242	0:33
441	796	Maggie Donnelly	21/42	F5559	303	0:08:34.02	229	3:14	140	43:20	513	1:01
442	966	Stacie Smith	76/150	F4044	615	0:10:34.80	615	4:54	346	48:56	138	0:27
443	1218	Hannah Swenson	72/142	F3034	600	0:10:31.75	611	4:53	485	52:20	23	0:16
444	975	Andrea Chang	27/72	F5054	706	0:11:34.40	515	4:25	455	51:36	289	0:37
445	837	Amy Alderfer	35/97	F4549	410	0:09:11.99	439	4:04	391	49:56	85	0:22
446	134	Dayle Kodama	28/72	F5054	510	0:09:50.91	472	4:14	430	50:52	606	1:15
447	410	Tamara Freystone	59/98	F2529	508	0:09:50.35	358	3:42	534	53:56	11	0:14
448	424	Hannah Stepetin	16/78	F1014	384	0:08:58.75	399	3:54	664	57:45	319	0:39
449	1187	Alyssa Sweet	73/142	F3034	385	0:08:58.81	674	5:16	372	49:23	733	1:42
450	1174	Chelsea Gulling	76/139	F3539	358	0:08:51.22	236	3:16	351	48:59	159	0:28

RESULTS BY: Skinny Raven Events and Timing

2022 GOLD NUGGET TRIATHLON
 May 15, 2022
 Bartlett High School, Anchorage AK

Place	Bib	Name	Div/Tot	Div	Rank	Swim	Rank	T1	Rank	Bike	Rank	T2
451	1028	Elizabeth Rawlins	36/97	F4549	579	0:10:18.40	588	4:45	419	50:29	95	0:23
452	643	Hazel Mohs	32/64	F1519	680	0:11:16.01	323	3:35	467	51:53	590	1:12
453	508	Rena Kornstad	37/97	F4549	405	0:09:08.14	476	4:15	598	56:06	826	2:08
454	1158	Jessica Johnson	77/139	F3539	228	0:08:02.56	555	4:35	590	55:48	41	0:17
455	255	Yereth Rosen	13/44	F6064	288	0:08:27.60	731	5:51	472	52:02	865	2:30
456	1150	Evelyn Whitson	17/78	F1014	486	0:09:41.18	282	3:27	494	52:36	287	0:37
457	997	Hannah Palmer	60/98	F2529	420	0:09:14.04	693	5:24	548	54:25	473	0:56
458	1201	Brandie Wilson	77/150	F4044	475	0:09:35.32	812	6:55	449	51:29	694	1:34
459	585	Rose Van Hemert	4/10	F7074	869	0:13:39.96	525	4:27	376	49:29	93	0:23
460	932	Amy Utley	29/72	F5054	520	0:09:54.78	658	5:09	249	46:44	367	0:43
461	1162	Dawn Humenik	30/72	F5054	647	0:10:59.35	509	4:24	260	47:00	767	1:50
462	1118	Sonja Mackey	38/97	F4549	451	0:09:27.10	452	4:08	353	49:02	710	1:39
463	291	Diane Brewer	31/72	F5054	467	0:09:31.64	726	5:48	287	47:38	902	2:50
464	1031	Jennifer McCombs	78/139	F3539	934	0:15:51.61	633	5:02	285	47:35	330	0:40
465	631	Cheril Wilcox	78/150	F4044	914	0:14:53.48	697	5:26	443	51:21	149	0:27
466	74	Laura Hartz	79/150	F4044	567	0:10:13.45	691	5:24	507	52:52	926	3:16
467	478	Karen Divelbiss	14/44	F6064	445	0:09:24.98	299	3:30	329	48:38	188	0:30
468	1181	Jennifer Meyer	32/72	F5054	904	0:14:41.34	446	4:06	345	48:54	903	2:52
469	949	Renee Whitesell	80/150	F4044	263	0:08:16.96	290	3:29	381	49:37	215	0:32
470	355	Katie Bozone	15/22	F2024	373	0:08:55.10	271	3:24	560	54:40	1	0:09
471	924	Amanda Trainor	74/142	F3034	763	0:12:06.94	599	4:50	527	53:27	303	0:38
472	384	Abigail Clark	18/78	F1014	500	0:09:46.80	343	3:38	634	57:05	222	0:32
473	937	Ivory Mulholland	81/150	F4044	553	0:10:10.37	777	6:21	476	52:09	226	0:32
474	131	Jennifer Doherty	39/97	F4549	273	0:08:20.97	184	2:57	378	49:36	700	1:35
475	522	Shauna Crawford	61/98	F2529	548	0:10:07.46	707	5:35	491	52:30	443	0:53
476	173	Katie Bisson	40/97	F4549	842	0:13:11.36	316	3:34	561	54:42	270	0:36
477	521	Kellee Grenier	75/142	F3034	701	0:11:29.47	471	4:14	384	49:41	484	0:57
478	653	Renee Meaux	82/150	F4044	513	0:09:53.17	332	3:36	502	52:46	509	1:01
479	977	Emily Ross	33/64	F1519	562	0:10:12.29	445	4:06	563	54:48	14	0:14
480	799	Kelly Gwynn	83/150	F4044	186	0:07:45.99	798	6:42	505	52:48	389	0:46
481	587	Joan Nelson	15/44	F6064	704	0:11:33.43	409	3:57	218	45:39	908	2:58
482	212	Iris Rothbarth	34/64	F1519	95	0:06:57.85	493	4:20	557	54:37	59	0:19
483	771	Nikki Wray	76/142	F3034	31	0:05:57.64	847	7:33	671	57:58	234	0:33
484	1156	Jessie Brown	62/98	F2529	748	0:11:52.43	623	5:00	433	50:57	457	0:55
485	165	Kimberly Resheske	79/139	F3539	726	0:11:43.67	603	4:51	257	46:53	207	0:31
486	383	Nicole Clark	41/97	F4549	570	0:10:13.79	435	4:04	619	56:37	267	0:35
487	530	Ruby Price	19/78	F1014	643	0:10:54.77	495	4:21	616	56:33	86	0:22
488	109	Alicia Vernon	33/72	F5054	529	0:09:57.28	331	3:36	459	51:41	479	0:57
489	484	Maggi Arend	7/19	F6569	433	0:09:19.67	286	3:28	282	47:31	320	0:39
490	486	Caitlin Marsteller	77/142	F3034	422	0:09:14.61	320	3:34	547	54:25	227	0:32
491	845	Lena Lawhead	42/97	F4549	710	0:11:36.79	559	4:37	364	49:14	238	0:33
492	137	Karen Loeffler	8/19	F6569	639	0:10:53.44	608	4:52	440	51:14	789	1:55
493	1173	LeAnn Throlson	84/150	F4044	585	0:10:23.44	422	4:00	380	49:37	561	1:08
494	982	Olivia Chen	80/139	F3539	377	0:08:55.59	254	3:19	503	52:46	653	1:26
495	443	Rebecca Morrissey	81/139	F3539	740	0:11:50.64	647	5:06	559	54:37	205	0:31
496	1137	Camille Ulrich	20/78	F1014	514	0:09:53.32	257	3:20	562	54:42	31	0:16
497	944	Lucy Fisher	22/42	F5559	623	0:10:43.64	474	4:15	512	53:05	130	0:26
498	400	Emily Leak-Michie	78/142	F3034	340	0:08:44.92	600	4:50	707	59:26	843	2:19
499	335	Alexis Furin	43/97	F4549	312	0:08:37.06	302	3:31	589	55:48	593	1:13
500	215	Abby Keffer	82/139	F3539	193	0:07:48.30	912	9:22	587	55:40	834	2:13

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2022 GOLD NUGGET TRIATHLON
 May 15, 2022
 Bartlett High School, Anchorage AK

Place	Bib	Name	Div/Tot	Div	Rank	Swim	Rank	T1	Rank	Bike	Rank	T2
501	1169	Alice Han	63/98	F2529	830	0:12:58.69	752	6:03	275	47:24	895	2:44
502	939	Brook Burgess	64/98	F2529	471	0:09:33.15	585	4:44	629	56:55	266	0:35
503	1034	Sayward Fehrman	85/150	F4044	555	0:10:10.46	897	8:47	294	47:43	971	5:13
504	1212	Yoe Isbell	86/150	F4044	847	0:13:20.68	643	5:05	544	54:13	77	0:21
505	334	Giselle Furin	21/78	F1014	215	0:07:58.43	531	4:29	595	55:55	200	0:31
506	744	Julia Watkins	35/64	F1519	676	0:11:14.22	483	4:19	504	52:47	29	0:16
507	928	Jilleen Charette	79/142	F3034	366	0:08:53.01	744	5:57	604	56:13	819	2:05
508	476	Jess Fujimoto	83/139	F3539	533	0:09:59.69	558	4:37	375	49:28	911	2:59
509	1206	Morgan Hooe	65/98	F2529	891	0:14:17.31	279	3:26	421	50:32	7	0:13
510	357	Isabella Baker	22/78	F1014	511	0:09:51.61	593	4:46	663	57:44	49	0:18
511	936	Eleanor Mayo	84/139	F3539	711	0:11:36.93	583	4:44	208	45:16	720	1:41
512	517	Sandra Lowther	23/42	F5559	584	0:10:23.18	449	4:06	529	53:36	75	0:21
513	664	Victoria Ables	87/150	F4044	849	0:13:21.40	540	4:31	501	52:45	217	0:32
514	428	Cynthia Hatter	16/44	F6064	516	0:09:53.92	828	7:15	578	55:20	468	0:56
515	382	Kaitlyn O'Brien	80/142	F3034	457	0:09:28.26	522	4:26	429	50:52	695	1:35
516	967	Audrey Alstrom	88/150	F4044	424	0:09:15.19	542	4:32	481	52:17	858	2:27
517	831	Rachel Hopkins	44/97	F4549	769	0:12:11.99	235	3:15	445	51:23	692	1:34
518	883	Kirsten Coty	85/139	F3539	820	0:12:48.38	699	5:27	532	53:43	434	0:52
519	840	Jill Franchino	81/142	F3034	525	0:09:56.54	441	4:05	620	56:38	179	0:29
520	209	Maya Solomonson	36/64	F1519	20	0:05:47.22	336	3:37	771	1:02:43	160	0:28
521	440	Anika Beighle	37/64	F1519	197	0:07:50.27	937	10:51	456	51:39	318	0:39
522	364	Alexis Kaferstein	45/97	F4549	271	0:08:19.24	70	2:13	412	50:22	650	1:26
523	663	Kylee Dietz	38/64	F1519	752	0:11:57.62	548	4:33	409	50:21	239	0:33
524	670	Abigail Arima	89/150	F4044	833	0:13:02.90	634	5:02	327	48:29	872	2:33
525	974	Scarlett Davidovic	16/22	F2024	738	0:11:49.77	803	6:47	390	49:51	668	1:30
526	1170	Shelby Lynn Fields	66/98	F2529	408	0:09:08.46	384	3:51	576	55:13	119	0:25
527	242	Susan Dent	17/44	F6064	168	0:07:37.57	360	3:43	506	52:50	390	0:46
528	427	Danielle Knight	90/150	F4044	766	0:12:10.03	800	6:43	545	54:14	210	0:31
529	1020	Brandy Woody	82/142	F3034	564	0:10:12.88	708	5:36	692	58:51	157	0:28
530	965	Jennifer Anderson	83/142	F3034	620	0:10:42.25	337	3:37	691	58:49	447	0:53
531	381	Brooke Wood	86/139	F3539	493	0:09:43.51	373	3:48	453	51:33	618	1:17
532	885	Celeste Earley	67/98	F2529	786	0:12:21.46	606	4:52	632	57:01	128	0:26
533	677	Melanie Baski	91/150	F4044	721	0:11:41.24	513	4:25	321	48:19	750	1:46
534	268	Lara Wayt	24/42	F5559	266	0:08:17.80	552	4:35	486	52:20	662	1:28
535	1175	Dorothy Cadenas	87/139	F3539	858	0:13:32.21	822	7:06	531	53:39	327	0:40
536	1230	Sarah Lanners	68/98	F2529	810	0:12:38.41	349	3:39	488	52:23	69	0:20
537	220	Malia Reeg	39/64	F1519	109	0:07:06.70	318	3:34	644	57:17	30	0:16
538	1088	Brittany Occhipint	69/98	F2529	83	0:06:48.55	635	5:03	579	55:26	525	1:03
539	552	Melissa Boyd	92/150	F4044	681	0:11:16.52	374	3:48	441	51:16	162	0:28
540	1221	Rebekah Grothe	17/22	F2024	811	0:12:38.69	745	5:57	469	51:55	352	0:42
541	247	Kirsten Olson	46/97	F4549	243	0:08:08.20	75	2:17	490	52:30	596	1:13
542	170	Catherine Bradshaw	18/44	F6064	230	0:08:02.84	892	8:43	405	50:14	854	2:26
543	1009	Rebecca Biasi	93/150	F4044	598	0:10:30.26	767	6:12	417	50:28	277	0:36
544	1092	Beatrice Brogan	40/64	F1519	718	0:11:40.62	710	5:36	555	54:36	12	0:14
545	317	Deann Denter	34/72	F5054	698	0:11:26.54	278	3:26	588	55:46	279	0:36
546	1131	Molly Young	94/150	F4044	269	0:08:18.72	670	5:15	626	56:52	374	0:44
547	414	Beta Rae Thompson	84/142	F3034	761	0:12:06.46	677	5:18	436	51:05	816	2:04
548	1116	Cora Anderson	41/64	F1519	779	0:12:17.91	380	3:50	597	56:01	206	0:31
549	620	Liz Kubosh	85/142	F3034	664	0:11:04.64	340	3:38	784	1:03:09	176	0:29
550	488	Bethany Doepken	42/64	F1519	436	0:09:22.08	234	3:15	651	57:24	922	3:13

RESULTS BY: Skinny Raven Events and Timing

2022 GOLD NUGGET TRIATHLON
 May 15, 2022
 Bartlett High School, Anchorage AK

Place	Bib	Name	Div/Tot	Div	Rank	Swim	Rank	T1	Rank	Bike	Rank	T2
551	835	Danielle Bunselmei	86/142	F3034	229	0:08:02.83	591	4:46	695	59:03	201	0:31
552	1010	Rayna Uson	47/97	F4549	649	0:10:59.58	872	8:03	350	48:59	649	1:25
553	365	Keri Nutter	95/150	F4044	619	0:10:41.39	550	4:34	549	54:28	339	0:41
554	629	Claire Todd	87/142	F3034	691	0:11:22.70	394	3:53	569	54:57	89	0:22
555	525	Gina Perry	96/150	F4044	442	0:09:24.10	524	4:27	700	59:17	661	1:28
556	332	Lacey Demers	23/78	F1014	208	0:07:56.04	875	8:05	650	57:24	501	1:00
557	639	Amber Saugier	97/150	F4044	723	0:11:41.72	774	6:16	622	56:40	863	2:29
558	648	Kristin Kniss	98/150	F4044	807	0:12:36.42	351	3:40	611	56:23	604	1:15
559	657	Kristen Bearden	88/142	F3034	866	0:13:38.43	577	4:43	482	52:18	615	1:17
560	659	Heather MacAlpine	25/42	F5559	819	0:12:47.98	636	5:03	586	55:40	192	0:30
561	421	Fiona Selvik	24/78	F1014	751	0:11:57.39	621	4:59	385	49:43	120	0:25
562	1270	Hannah Bowman	70/98	F2529	502	0:09:47.18	497	4:21	493	52:33	383	0:45
563	1260	Laura Aspelund	71/98	F2529	371	0:08:54.18	292	3:29	703	59:23	92	0:23
564	882	Serena Sweet	99/150	F4044	481	0:09:39.91	654	5:08	373	49:25	264	0:35
565	638	Rae Anderson	25/78	F1014	644	0:10:56.90	277	3:25	739	1:00:49	126	0:26
566	893	Kate Jackson	89/142	F3034	404	0:09:07.37	625	5:00	624	56:42	609	1:16
567	491	Kathy Seybert	19/44	F6064	518	0:09:54.10	407	3:57	301	47:52	718	1:41
568	420	Alison Selvik	48/97	F4549	617	0:10:35.82	806	6:50	386	49:43	139	0:27
569	338	Elizabeth Howell	35/72	F5054	614	0:10:34.78	795	6:36	474	52:06	440	0:53
570	877	Leann Stubblefield	36/72	F5054	583	0:10:22.18	440	4:04	567	54:56	240	0:33
571	1113	Kaitlyn DePlasco	90/142	F3034	372	0:08:54.54	646	5:05	537	54:01	787	1:54
572	529	Carolyn Rudzinski	37/72	F5054	920	0:15:05.76	715	5:42	383	49:41	846	2:20
573	549	Nicole Rogers	100/150	F4044	406	0:09:08.16	398	3:54	570	54:58	808	2:02
574	1228	Kathryn Ireland	49/97	F4549	841	0:13:08.87	601	4:50	434	50:57	174	0:29
575	794	Christina Brown	91/142	F3034	63	0:06:33.60	560	4:37	778	1:02:55	221	0:32
576	641	Jennifer Hardy	50/97	F4549	793	0:12:25.50	295	3:29	564	54:49	311	0:39
577	960	Margaret McDonagh	38/72	F5054	632	0:10:48.94	595	4:48	401	50:05	960	4:18
578	640	Reagan Hardy	26/78	F1014	814	0:12:41.07	321	3:35	565	54:50	298	0:38
579	166	Keri Clark	5/10	F7074	611	0:10:34.01	732	5:52	519	53:17	528	1:03
580	314	Lauren A Gaither	72/98	F2529	317	0:08:38.83	56	2:04	791	1:03:15	638	1:23
581	1198	Lesley Lyman	88/139	F3539	390	0:09:01.64	584	4:44	533	53:48	681	1:32
582	1086	Jessica Morales	92/142	F3034	133	0:07:19.31	612	4:53	649	57:23	458	0:55
583	88	Cindy Cooper	9/19	F6569	434	0:09:19.77	400	3:55	194	44:50	565	1:09
584	1145	Emily Davidson	93/142	F3034	771	0:12:14.46	315	3:33	574	55:09	881	2:37
585	683	Hannah Key	94/142	F3034	848	0:13:20.70	733	5:52	558	54:37	369	0:43
586	879	Melissa Hardesty	51/97	F4549	466	0:09:31.35	319	3:34	220	45:44	704	1:36
587	556	Ashley Arehart	89/139	F3539	737	0:11:49.61	824	7:07	678	58:05	459	0:55
588	864	Renae Foisy	101/150	F4044	254	0:08:12.98	683	5:21	556	54:36	142	0:27
589	226	Lily Poray	27/78	F1014	134	0:07:19.54	353	3:41	816	1:04:44	274	0:36
590	506	Molly Cornish	95/142	F3034	331	0:08:43.86	237	3:16	668	57:57	88	0:22
591	971	Kalinda Kindle	73/98	F2529	635	0:10:51.38	310	3:32	550	54:31	304	0:38
592	776	Elizabeth Drewes-T	90/139	F3539	198	0:07:50.89	300	3:30	518	53:17	758	1:48
593	568	Anita Koelsch	43/64	F1519	733	0:11:48.68	241	3:16	801	1:03:53	111	0:24
594	377	Adigan Oberlee	28/78	F1014	473	0:09:34.25	405	3:56	682	58:09	52	0:18
595	730	Briana Harris	96/142	F3034	781	0:12:19.48	796	6:39	554	54:35	873	2:34
596	575	Molly Estes	18/22	F2024	593	0:10:28.95	215	3:08	583	55:35	38	0:17
597	485	Erica Rose	91/139	F3539	360	0:08:51.95	339	3:37	628	56:53	257	0:34
598	326	Lily Kanyer	29/78	F1014	636	0:10:52.67	816	6:59	717	59:57	420	0:49
599	124	Victoria Souchik	92/139	F3539	911	0:14:51.13	413	3:58	334	48:40	726	1:42
600	386	Amanda Woodell	97/142	F3034	856	0:13:28.73	103	2:30	594	55:54	293	0:38

RESULTS BY: Skinny Raven Events and Timing

2022 GOLD NUGGET TRIATHLON
 May 15, 2022
 Bartlett High School, Anchorage AK

Place	Bib	Name	Div/Tot	Div	Rank	Swim	Rank	T1	Rank	Bike	Rank	T2
601	158	Rebecca Emerson	52/97	F4549	492	0:09:43.29	889	8:34	655	57:32	497	0:59
602	871	Susannah Morales	39/72	F5054	480	0:09:38.08	671	5:15	591	55:50	686	1:33
603	651	Callie Dietrich	98/142	F3034	745	0:11:52.14	652	5:07	483	52:18	169	0:29
604	542	Meira Kirby	30/78	F1014	741	0:11:50.69	338	3:37	750	1:01:23	444	0:53
605	952	Isabeau Rowe	99/142	F3034	551	0:10:09.13	820	7:01	635	57:06	537	1:05
606	262	Stacy Carpenter	53/97	F4549	149	0:07:26.38	263	3:22	744	1:01:01	485	0:58
607	784	Kayla Anderson	74/98	F2529	71	0:06:39.63	448	4:06	666	57:51	597	1:14
608	781	Marlana Tuccillo	75/98	F2529	44	0:06:11.80	253	3:19	844	1:06:21	161	0:28
609	690	Guadalupe Mendoza	76/98	F2529	927	0:15:23.45	856	7:45	625	56:47	80	0:22
610	515	Kristen Droge	93/139	F3539	248	0:08:10.13	506	4:23	612	56:26	799	1:57
611	90	Rylee Barnett	31/78	F1014	297	0:08:31.51	575	4:42	698	59:08	20	0:15
612	325	Laura Kanyer	94/139	F3539	673	0:11:12.25	814	6:58	715	59:44	530	1:04
613	929	Shauntel Bruner-Al	95/139	F3539	581	0:10:19.82	456	4:08	601	56:11	582	1:11
614	1235	Katie Bringold	100/142	F3034	808	0:12:37.10	596	4:48	247	46:40	413	0:48
615	544	Mahri Lowinger	54/97	F4549	545	0:10:05.26	758	6:05	648	57:22	823	2:06
616	826	Annika Langland	44/64	F1519	242	0:08:07.95	538	4:30	777	1:02:53	616	1:17
617	1222	Megan Luetkemeyer	77/98	F2529	452	0:09:27.15	586	4:45	603	56:12	623	1:19
618	509	Julie Doepken	40/72	F5054	190	0:07:47.02	916	9:28	657	57:34	915	3:05
619	862	Tikkan Langland	32/78	F1014	443	0:09:24.19	293	3:29	774	1:02:45	646	1:25
620	439	Deanna Wlad	41/72	F5054	821	0:12:48.84	694	5:25	686	58:17	469	0:56
621	1140	Heather Whittecar	19/22	F2024	399	0:09:04.72	406	3:56	702	59:19	338	0:41
622	502	Kelly Bigelow	26/42	F5559	894	0:14:24.73	602	4:50	489	52:23	927	3:18
623	672	Cassandra Stevenso	96/139	F3539	633	0:10:49.32	566	4:39	568	54:56	621	1:19
624	746	Wendi Eldridge	42/72	F5054	909	0:14:50.27	401	3:55	522	53:19	929	3:20
625	387	Valerie Quinn	43/72	F5054	865	0:13:37.66	305	3:31	581	55:29	829	2:10
626	321	Katherine Colquhou	101/142	F3034	678	0:11:15.35	379	3:49	636	57:08	105	0:24
627	546	Shannon Cothren	102/150	F4044	735	0:11:48.89	782	6:24	510	53:04	961	4:23
628	900	Miranda Dordan	78/98	F2529	357	0:08:50.44	554	4:35	514	53:07	841	2:18
629	1262	Madelyn Beecroft	45/64	F1519	792	0:12:24.80	592	4:46	680	58:07	154	0:28
630	347	Heather White	102/142	F3034	667	0:11:07.19	833	7:18	718	1:00:00	3	0:12
631	816	Lindsey Holmes	55/97	F4549	301	0:08:33.18	589	4:45	725	1:00:14	310	0:39
632	469	Magen Straka	33/78	F1014	158	0:07:31.59	775	6:18	675	58:01	463	0:56
633	555	Sara Boersma	103/150	F4044	657	0:11:02.70	580	4:43	592	55:52	194	0:30
634	363	Kristin Starr	103/142	F3034					730	1:00:21	306	0:39
635	498	Patricia Cummings	97/139	F3539	683	0:11:17.99	860	7:52	572	55:01	408	0:48
636	468	Anna Straka	104/150	F4044	286	0:08:26.40	717	5:44	665	57:48	543	1:06
637	228	Ashley Lang	56/97	F4549	396	0:09:03.79	432	4:02	787	1:03:11	435	0:52
638	1246	Katheryn Upton	27/42	F5559	398	0:09:03.96	779	6:22	610	56:23	891	2:43
639	111	Sarah Yoder	98/139	F3539	338	0:08:44.73	757	6:05	397	50:03	886	2:40
640	1007	Stephanie Brown	79/98	F2529	144	0:07:25.46	453	4:08	728	1:00:19	916	3:07
641	1213	Paula Richards	105/150	F4044	563	0:10:12.35	447	4:06	719	1:00:05	137	0:27
642	229	Grace Lang	34/78	F1014	348	0:08:48.02	579	4:43	788	1:03:11	432	0:51
643	615	Nicole Cleary	57/97	F4549	881	0:13:59.43	412	3:58	662	57:41	451	0:54
644	950	Fiona Peichel	28/42	F5559	855	0:13:28.37	711	5:38	435	50:59	965	4:35
645	610	Mallary Lyon	99/139	F3539	702	0:11:30.92	914	9:26	543	54:11	236	0:33
646	993	Katie Raney	100/139	F3539	432	0:09:18.99	396	3:54	659	57:37	673	1:30
647	980	Chris Cvancara	29/42	F5559	767	0:12:10.32	842	7:26	710	59:29	336	0:40
648	1245	Erin Webb	101/139	F3539	845	0:13:19.57	748	5:58	669	57:57	218	0:32
649	623	Christina Lam	58/97	F4549	883	0:14:06.43	451	4:07	637	57:10	737	1:43
650	1035	Vanessa McCoy	46/64	F1519	809	0:12:38.22	553	4:35	446	51:25	255	0:34

RESULTS BY: Skinny Raven Events and Timing

2022 GOLD NUGGET TRIATHLON
 May 15, 2022
 Bartlett High School, Anchorage AK

Place	Bib	Name	Div/Tot	Div	Rank	Swim	Rank	T1	Rank	Bike	Rank	T2
651	990	Barbara Kagerer	20/44	F6064	582	0:10:21.94	799	6:42	511	53:04	868	2:31
652	1027	Randi Kindgren	104/142	F3034	892	0:14:21.77	326	3:35	438	51:08	406	0:48
653	333	Wendy Demers	44/72	F5054	546	0:10:05.57	773	6:14	684	58:14	870	2:32
654	1164	Mattie Hattenburg	105/142	F3034	590	0:10:27.55	438	4:04	797	1:03:31	153	0:28
655	535	Adalyn Brown	35/78	F1014	376	0:08:55.45	861	7:53	823	1:05:15	844	2:19
656	87	LuAnn Piccard	21/44	F6064	460	0:09:28.50	265	3:22	539	54:02	259	0:35
657	98	Paola Banchemo	45/72	F5054	359	0:08:51.83	829	7:16	724	1:00:11	933	3:26
658	637	Nina Anderson	59/97	F4549	648	0:10:59.56	482	4:18	701	59:18	220	0:32
659	1210	Mikki Smith	60/97	F4549	931	0:15:47.90	268	3:23	690	58:42	144	0:27
660	93	Sheila Swanson	30/42	F5559	724	0:11:42.29	738	5:55	495	52:37	934	3:27
661	99	Claudia Rector	36/78	F1014	715	0:11:39.31	573	4:42	761	1:01:55	368	0:43
662	627	Valerie Gardner	80/98	F2529	749	0:11:53.82	370	3:46	741	1:00:53	427	0:50
663	385	Jane Sullivan	22/44	F6064	421	0:09:14.42	392	3:52	749	1:01:22	152	0:28
664	297	Caroline Kuehl	81/98	F2529	670	0:11:10.77	505	4:23	729	1:00:20	133	0:26
665	715	Jaclynn Richards	106/142	F3034	874	0:13:47.69	865	7:55	795	1:03:25	322	0:39
666	829	Michelle Moore	106/150	F4044	526	0:09:56.60	463	4:10	773	1:02:44	397	0:47
667	389	Serena Outhier	61/97	F4549	663	0:11:04.33	200	3:02	751	1:01:24	283	0:37
668	200	Ava Rothbarth	47/64	F1519	25	0:05:54.89	512	4:24	756	1:01:35	103	0:24
669	1268	Krystyna McRobert	102/139	F3539	538	0:10:01.12	790	6:32	643	57:17	656	1:27
670	787	MaryPat Shaffer	107/142	F3034	182	0:07:43.91	801	6:44	627	56:53	466	0:56
671	256	Charlotte Wagner	48/64	F1519	108	0:07:06.19	609	4:52	726	1:00:15	167	0:29
672	487	Lilia msullivan	62/97	F4549	532	0:09:59.23	429	4:01	439	51:13	376	0:45
673	516	Donna Annone	31/42	F5559	785	0:12:21.34	527	4:28	593	55:53	175	0:29
674	565	Jan Darch	46/72	F5054	838	0:13:05.76	687	5:23	513	53:06	364	0:43
675	117	Vera Hershey	6/10	F7074	956	0:17:48.78	723	5:47	694	58:59	415	0:48
676	398	Megan Gibson	103/139	F3539	796	0:12:27.06	857	7:48	766	1:02:32	446	0:53
677	327	Brianna Lonser	49/64	F1519	285	0:08:26.31	582	4:44	864	1:08:01	414	0:48
678	1146	Elizabeth Rupp	47/72	F5054	624	0:10:44.06	610	4:53	762	1:02:10	591	1:12
679	399	Andi Gibson	37/78	F1014	817	0:12:45.16	858	7:50	768	1:02:35	426	0:50
680	1186	Veronica Griffith	104/139	F3539	696	0:11:25.76	467	4:12	860	1:07:43	104	0:24
681	405	Jamie Patterson-Si	32/42	F5559	625	0:10:44.23	746	5:58	524	53:21	852	2:23
682	1062	Jacki Holzman	23/44	F6064	172	0:07:38.80	645	5:05	432	50:56	897	2:45
683	417	Karen Sundberg	24/44	F6064	524	0:09:55.91	868	7:58	615	56:28	805	2:01
684	590	Ashley Michalski	108/142	F3034	580	0:10:19.03	270	3:24	775	1:02:47	551	1:07
685	915	Jade Simek	20/22	F2024	412	0:09:12.83	150	2:48	674	58:00	253	0:34
686	566	Stefanie Busch	63/97	F4549	753	0:11:57.66	629	5:01	687	58:32	806	2:01
687	536	Alana Davis	48/72	F5054	758	0:12:02.97	410	3:57	536	53:57	143	0:27
688	1097	Kathleen Doherty	107/150	F4044	578	0:10:17.04	571	4:41	772	1:02:44	598	1:14
689	1203	Deborah Sigala	108/150	F4044	378	0:08:55.64	411	3:57	785	1:03:09	148	0:27
690	164	Kathie Lawson	49/72	F5054	900	0:14:38.22	534	4:29	630	56:57	470	0:56
691	567	Toni Swearingen	25/44	F6064	903	0:14:40.53	761	6:07	722	1:00:09	356	0:43
692	647	Sharon Holland	26/44	F6064	829	0:12:58.56	570	4:41	658	57:36	423	0:49
693	330	Jennifer McClung	64/97	F4549	695	0:11:24.85	666	5:13	542	54:08	271	0:36
694	688	Candace Hickel	109/150	F4044	655	0:11:02.65	957	14:01	468	51:53	909	2:59
695	1224	Elysia Peterson	82/98	F2529	339	0:08:44.78	893	8:45	838	1:06:06	884	2:39
696	625	Cortney Foos	105/139	F3539	677	0:11:14.38	718	5:44	582	55:32	285	0:37
697	511	Katherine O'Grady	7/10	F7074	739	0:11:50.28	622	4:59	661	57:41	584	1:11
698	1001	Caye Moberg	33/42	F5559	937	0:16:07.97	692	5:24	584	55:38	452	0:54
699	1197	Eileen Heaston	65/97	F4549	699	0:11:28.08	794	6:36	623	56:41	212	0:31
700	1225	Chelsea Needham	83/98	F2529	394	0:09:03.71	894	8:46	837	1:06:03	888	2:42

RESULTS BY: Skinny Raven Events and Timing

2022 GOLD NUGGET TRIATHLON
 May 15, 2022
 Bartlett High School, Anchorage AK

Place	Bib	Name	Div/Tot	Div	Rank	Swim	Rank	T1	Rank	Bike	Rank	T2
701	379	Stella Waehler	38/78	F1014	335	0:08:44.54	516	4:25	803	1:04:02	76	0:21
702	157	Kate Powers	106/139	F3539	640	0:10:53.82	725	5:48	613	56:26	347	0:42
703	602	Cirrus Bunn	50/64	F1519	836	0:13:05.72	837	7:22	605	56:14	743	1:44
704	1079	Maja Diab	39/78	F1014	155	0:07:30.15	466	4:12	735	1:00:39	286	0:37
705	943	Darby Sims	84/98	F2529	491	0:09:43.06	827	7:11	697	59:07	874	2:34
706	1180	Janet Huff	27/44	F6064	662	0:11:04.27	849	7:36	607	56:17	862	2:29
707	618	Denise Lutton	28/44	F6064	906	0:14:44.38	765	6:10	609	56:23	386	0:46
708	1196	Ashley Hester	110/150	F4044	921	0:15:09.49	514	4:25	596	55:55	735	1:43
709	736	De-An Watkins	107/139	F3539	971	0:20:58.13	788	6:29	676	58:02	337	0:40
710	586	RaeAnne Hebnes	111/150	F4044	504	0:09:49.17	678	5:18	799	1:03:35	251	0:34
711	208	Kathryn Townley	112/150	F4044	65	0:06:35.60	626	5:00	850	1:06:40	707	1:38
712	632	Amy Wise	109/142	F3034	637	0:10:52.71	500	4:21	731	1:00:25	312	0:39
713	945	Megan Richotte	66/97	F4549	573	0:10:14.45	911	9:20	738	1:00:46	973	5:40
714	531	Sage Price	40/78	F1014	708	0:11:35.79	651	5:07	765	1:02:26	350	0:42
715	669	Cynthia McElroy	29/44	F6064	843	0:13:12.54	751	6:01	706	59:26	331	0:40
716	755	Trina Riley	113/150	F4044	905	0:14:43.27	974	17:05	575	55:13	494	0:59
717	1160	Alicia Briley	108/139	F3539	597	0:10:29.87	695	5:25	699	59:11	818	2:05
718	1017	BC Kindred	30/44	F6064	744	0:11:52.07	854	7:44	834	1:05:52	334	0:40
719	616	Pauline Tise	67/97	F4549	930	0:15:32.56	605	4:51	509	52:57	904	2:53
720	1232	Amanda Keiser	85/98	F2529	813	0:12:40.18	590	4:46	683	58:12	269	0:36
721	407	Debra DeWitt	50/72	F5054	823	0:12:49.67	690	5:24	638	57:10	254	0:34
722	147	Krystal Lumbao	110/142	F3034	631	0:10:48.46	387	3:52	869	1:08:18	791	1:56
723	302	Celia Rozen	10/19	F6569	477	0:09:35.98	613	4:53	411	50:22	817	2:04
724	532	Ryan Martin	111/142	F3034	705	0:11:33.51	673	5:16	656	57:33	807	2:02
725	287	Ruth Lonser	68/97	F4549	309	0:08:36.28	535	4:29	732	1:00:29	809	2:03
726	406	Maya DeWitt	51/64	F1519	828	0:12:57.10	716	5:43	641	57:13	170	0:29
727	595	Suzanne Johnson	112/142	F3034	859	0:13:32.34	720	5:45	670	57:58	931	3:24
728	276	Bonnie Wanat	31/44	F6064	560	0:10:11.50	298	3:30	316	48:15	572	1:10
729	691	Jaime Locke	69/97	F4549	714	0:11:38.60	475	4:15	872	1:08:32	248	0:34
730	296	Noelle Foreman	41/78	F1014	458	0:09:28.47	364	3:43	873	1:08:33	657	1:27
731	1003	Susan Guillory	32/44	F6064	954	0:17:45.15	719	5:44	647	57:18	898	2:46
732	1115	Jessica Diab	114/150	F4044	380	0:08:56.49	648	5:06	688	58:32	371	0:44
733	711	Monica Perez-Verdi	70/97	F4549	223	0:08:01.32	762	6:08	753	1:01:27	855	2:26
734	1256	meredith behrens	86/98	F2529	878	0:13:52.61	840	7:25	802	1:03:54	706	1:38
735	89	Millie Spezialy	1/1	F8599	889	0:14:13.86	680	5:20	660	57:39	401	0:47
736	782	Christine Boivin	109/139	F3539	167	0:07:37.51	754	6:04	825	1:05:17	705	1:38
737	496	Kelly Fullmer	113/142	F3034	834	0:13:03.44	598	4:49	891	1:10:16	262	0:35
738	376	Cassandra Barsalou	87/98	F2529	572	0:10:14.20	325	3:35	600	56:09	219	0:32
739	294	Hannah Cooper	88/98	F2529	281	0:08:24.09	656	5:09	871	1:08:29	677	1:30
740	710	Isabel Perez-Verdi	42/78	F1014	261	0:08:14.62	772	6:13	752	1:01:25	864	2:30
741	203	Audrey Townley	43/78	F1014	99	0:06:59.99	458	4:09	882	1:09:16	601	1:14
742	1214	Katie Schulz	114/142	F3034	887	0:14:09.21	545	4:33	839	1:06:07	25	0:16
743	194	Noelle Oakley	44/78	F1014	46	0:06:14.49	382	3:51	781	1:02:59	237	0:33
744	579	Koren Patton	89/98	F2529	734	0:11:48.77	895	8:47	599	56:08	734	1:42
745	926	Laura McLaughlin	51/72	F5054	613	0:10:34.41	436	4:04	742	1:00:55	129	0:26
746	1070	Meghan McCarthy-Gr	52/72	F5054					776	1:02:47	969	5:11
747	957	Lina Villar	53/72	F5054	825	0:12:53.01	902	8:56	602	56:12	437	0:52
748	1100	Benay Carrillo	115/142	F3034	783	0:12:21.04	218	3:10	812	1:04:25	256	0:34
749	1023	Jeanine Firmin	115/150	F4044	599	0:10:30.96	734	5:52	769	1:02:35	209	0:31
750	821	Nori Bowman	11/19	F6569	304	0:08:34.69	867	7:56	841	1:06:14	856	2:26

RESULTS BY: Skinny Raven Events and Timing

2022 GOLD NUGGET TRIATHLON
 May 15, 2022
 Bartlett High School, Anchorage AK

Place	Bib	Name	Div/Tot	Div	Rank	Swim	Rank	T1	Rank	Bike	Rank	T2
751	961	Kristina Kagerer	45/78	F1014	747	0:11:52.24	421	4:00	696	59:05	131	0:26
752	223	Ellie Rothbarth	46/78	F1014	259	0:08:14.10	536	4:29	862	1:07:48	125	0:26
753	749	Ashlyn Eldridge	52/64	F1519	540	0:10:01.85	701	5:29	685	58:16	675	1:30
754	854	Kerstin Buehler	116/142	F3034	277	0:08:22.83	477	4:15	794	1:03:23	912	3:03
755	880	April Alvarez	117/142	F3034	308	0:08:36.18	640	5:04	679	58:07	724	1:42
756	994	Leah Parks	71/97	F4549	912	0:14:51.21	870	8:02	577	55:16	180	0:29
757	1190	Lexy Willis	118/142	F3034	454	0:09:27.44	815	6:58	811	1:04:25	328	0:40
758	676	Julianne Wilson	119/142	F3034	826	0:12:54.20	848	7:33	842	1:06:17	719	1:41
759	1189	Hali Willis	47/78	F1014	498	0:09:45.49	964	14:57	614	56:27	307	0:39
760	976	Lacey Centeno	116/150	F4044	812	0:12:40.06	616	4:56	677	58:03	165	0:28
761	674	Jennifer Lancaster	72/97	F4549	923	0:15:14.99	504	4:22	740	1:00:52	381	0:45
762	962	Autumn Smith	110/139	F3539	605	0:10:33.26	724	5:47	832	1:05:31	540	1:06
763	136	Gail Mai	34/42	F5559	886	0:14:08.30	274	3:24	704	59:24	682	1:33
764	909	Jessica Nichols	117/150	F4044	534	0:10:00.52	927	9:57	723	1:00:09	314	0:39
765	1025	Ruth Land	53/64	F1519	870	0:13:41.01	352	3:40	855	1:07:21	825	2:08
766	748	Esme Carter	48/78	F1014	337	0:08:44.66	486	4:19	849	1:06:38	811	2:03
767	989	Chrissi Thurman	111/139	F3539	719	0:11:40.92	864	7:54	654	57:32	569	1:10
768	1107	Carlene Miller	112/139	F3539	232	0:08:03.04	450	4:07	789	1:03:12	842	2:19
769	693	Alexis Johnson	113/139	F3539	844	0:13:16.93	818	7:00	757	1:01:36	942	3:39
770	1251	Alicia Drake	114/139	F3539	621	0:10:42.66	891	8:38	727	1:00:16	309	0:39
771	878	Emma Herrera	120/142	F3034	497	0:09:44.81	759	6:06	829	1:05:24	335	0:40
772	1179	Christina Ireton	115/139	F3539	798	0:12:28.91	659	5:09	573	55:02	950	4:00
773	1211	Brandy O'Malley	73/97	F4549	868	0:13:39.51	667	5:14	754	1:01:34	252	0:34
774	1253	Sarah Mueller	74/97	F4549	536	0:10:00.74	898	8:49	767	1:02:32	341	0:41
775	94	Diane Barnett	1/3	F7579	790	0:12:24.25	685	5:21	652	57:25	235	0:33
776	934	Joy Bartko	116/139	F3539	588	0:10:27.16	953	13:38	858	1:07:33	204	0:31
777	213	Jennie Hafele	118/150	F4044	142	0:07:24.24	742	5:56	760	1:01:48	280	0:36
778	745	Chelsea Eldridge	49/78	F1014	559	0:10:10.89	663	5:11	712	59:33	508	1:01
779	534	Kristi Brown	119/150	F4044	688	0:11:22.04	821	7:06	783	1:03:01	923	3:13
780	1139	Ashley Huang	54/64	F1519	703	0:11:32.57	841	7:25	865	1:08:09	958	4:14
781	408	Amie Condon	121/142	F3034	731	0:11:48.13	347	3:38	819	1:04:59	436	0:52
782	588	Hailey Nelson	122/142	F3034	692	0:11:23.08	403	3:56	681	58:07	820	2:05
783	940	Stephanie Kesler	33/44	F6064	899	0:14:35.64	852	7:39	454	51:36	953	4:04
784	464	Ava Sawyer	50/78	F1014	275	0:08:22.31	769	6:12	898	1:10:45	951	4:03
785	1202	Robyn Novak	120/150	F4044	557	0:10:10.71	783	6:24	828	1:05:23	296	0:38
786	86	Angela Johnstone	90/98	F2529	426	0:09:17.15	576	4:43	786	1:03:10	358	0:43
787	143	Julie Tisdale	54/72	F5054	417	0:09:13.92	637	5:03	826	1:05:19	396	0:47
788	463	Emilee Sawyer	117/139	F3539	292	0:08:29.08	770	6:13	896	1:10:40	955	4:08
789	81	Trudy Keller	2/3	F7579	861	0:13:33.29	470	4:13	737	1:00:40	366	0:43
790	689	Sandy Stevens	8/10	F7074	974	0:21:45.84	735	5:52	711	59:29	362	0:43
791	604	Amanda Dunlap	121/150	F4044	835	0:13:04.44	642	5:04	813	1:04:30	624	1:20
792	1223	BJ Robinson	122/150	F4044	659	0:11:03.15	962	14:52	480	52:17	954	4:06
793	564	Cheryl Hannon	122/19	F6569	642	0:10:54.39	823	7:07	747	1:01:15	378	0:45
794	1238	Grace Rocereta	91/98	F2529	700	0:11:28.86	686	5:22	877	1:08:52	859	2:27
795	737	Wendy Wiltfong	35/42	F5559	775	0:12:15.91	753	6:03	653	57:28	918	3:09
796	731	Samantha McCoy	51/78	F1014	939	0:16:21.40	631	5:01	621	56:39	213	0:32
797	656	Jessica Crisp	123/150	F4044	862	0:13:34.52	517	4:25	743	1:00:57	305	0:39
798	795	Brittany Shattuck	92/98	F2529	68	0:06:36.28	551	4:34	878	1:09:03	441	0:53
799	225	Ashley Midlo	55/64	F1519	173	0:07:38.83	830	7:16	631	56:58	342	0:41
800	865	Katherine McDonald	123/142	F3034	428	0:09:17.49	377	3:49	846	1:06:30	832	2:11

RESULTS BY: Skinny Raven Events and Timing

2022 GOLD NUGGET TRIATHLON
 May 15, 2022
 Bartlett High School, Anchorage AK

Place	Bib	Name	Div/Tot	Div	Rank	Swim	Rank	T1	Rank	Bike	Rank	T2
801	912	Valerie McKenney	34/44	F6064	544	0:10:03.71	805	6:49	642	57:16	605	1:15
802	1132	Theresa Weihrich	75/97	F4549	650	0:10:59.93	933	10:31	764	1:02:21	351	0:42
803	856	Kelley Russell	124/142	F3034	272	0:08:19.72	653	5:07	847	1:06:31	830	2:10
804	512	Nicole Thomson	124/150	F4044	818	0:12:47.74	391	3:52	863	1:07:56	510	1:01
805	611	Sophia Lyon	52/78	F1014	898	0:14:29.52	764	6:10	831	1:05:31	211	0:31
806	963	Donna Pedersen	9/10	F7074	803	0:12:34.70	918	9:29	733	1:00:30	645	1:25
807	224	Jennifer Midlo	55/72	F5054	96	0:06:58.31	878	8:11	639	57:11	268	0:36
808	684	Carlee Parisek	125/142	F3034	318	0:08:39.78	969	15:18	755	1:01:35	943	3:40
809	91	Janet Thibert	35/44	F6064	728	0:11:44.83	490	4:20	705	59:26	882	2:38
810	892	Rebekah Land	125/150	F4044	382	0:08:57.34	355	3:41	921	1:14:48	428	0:50
811	757	Savannah Wilson	93/98	F2529	801	0:12:33.25	839	7:24	796	1:03:29	506	1:01
812	1022	McKinley Wehrli	21/22	F2024	804	0:12:35.26	649	5:06	808	1:04:21	395	0:47
813	500	Alicia Marvin	118/139	F3539	608	0:10:33.68	510	4:24	713	59:38	752	1:46
814	599	Cathy Von Gemminge	36/44	F6064	851	0:13:23.10	763	6:09	806	1:04:14	136	0:27
815	253	Amara Savikko	53/78	F1014	72	0:06:40.82	223	3:12	874	1:08:33	34	0:17
816	378	Lisa Oberlee	126/150	F4044	591	0:10:27.83	444	4:05	824	1:05:16	323	0:39
817	435	Bonnie Bailey	127/150	F4044	929	0:15:27.36	776	6:20	645	57:17	972	5:16
818	589	Meagan Nelson	94/98	F2529	880	0:13:57.96	484	4:19	745	1:01:11	899	2:46
819	1188	Justine Nelson	119/139	F3539	839	0:13:06.99	850	7:37	736	1:00:39	786	1:54
820	1255	riann pargeter	126/142	F3034	679	0:11:15.71	786	6:28	894	1:10:35	696	1:35
821	933	Chelsea Garney	127/142	F3034	515	0:09:53.36	700	5:28	852	1:07:09	669	1:30
822	95	Faith Martineau	128/142	F3034	882	0:14:04.72	907	9:03	793	1:03:17	967	4:57
823	390	Kylie Outhier	56/64	F1519	973	0:21:43.57	630	5:01	746	1:01:14	275	0:36
824	339	Sasha Robertson	129/142	F3034	759	0:12:03.71	639	5:03	870	1:08:23	935	3:27
825	1264	Maureen Praeger	128/150	F4044	867	0:13:39.25	882	8:20	859	1:07:37	247	0:34
826	1061	Paige Hodson	37/44	F6064	541	0:10:02.15	420	4:00	916	1:13:26	74	0:21
827	375	Cate Merriner	54/78	F1014	697	0:11:26.45	836	7:21	905	1:11:14	538	1:05
828	904	Traci Bradford	36/42	F5559	896	0:14:27.92	871	8:03	693	58:55	344	0:42
829	660	Tawni Eubank	56/72	F5054	926	0:15:20.66	618	4:57	516	53:14	260	0:35
830	374	Joy Merriner	129/150	F4044	722	0:11:41.46	843	7:26	902	1:11:08	586	1:11
831	370	Wendy Heck	57/72	F5054	685	0:11:20.16	672	5:15	673	57:59	831	2:11
832	267	Sherry Wright	38/44	F6064	264	0:08:17.47	919	9:31	790	1:03:15	512	1:01
833	307	Teagan Drury	55/78	F1014	450	0:09:26.85	771	6:13	815	1:04:42	947	3:49
834	1194	Tracey Marr	130/142	F3034	901	0:14:38.32	853	7:43	809	1:04:22	382	0:45
835	747	Liesl Carter	58/72	F5054	902	0:14:39.56	877	8:11	714	59:38	535	1:05
836	306	Carrie Drury	59/72	F5054	415	0:09:13.42	809	6:51	805	1:04:14	957	4:13
837	1094	Courtney Foye	120/139	F3539	401	0:09:05.58	855	7:45	908	1:11:32	519	1:02
838	896	Sara Zahn	57/64	F1519	253	0:08:11.18	804	6:47	901	1:11:00	332	0:40
839	752	Kassandra Redfearn	95/98	F2529	780	0:12:17.91	869	7:59	857	1:07:27	900	2:48
840	514	Camryn Reinhart	56/78	F1014	561	0:10:11.58	568	4:40	820	1:05:02	651	1:26
841	594	Kimberly Sledgiste	130/150	F4044	917	0:15:00.10	462	4:10	734	1:00:36	563	1:08
842	1269	April Park	131/150	F4044	876	0:13:49.33	928	9:58	914	1:12:39	627	1:20
843	973	Chelsea Farrell	131/142	F3034	831	0:12:58.74	676	5:17	821	1:05:06	228	0:32
844	842	Jessica Winn	121/139	F3539	499	0:09:45.54	835	7:20	810	1:04:22	722	1:41
845	423	Hailee Stepetin	57/78	F1014	772	0:12:14.77	886	8:27	840	1:06:09	460	0:55
846	235	Kelly Taylor-Lee	76/97	F4549	324	0:08:41.84	408	3:57	779	1:02:55	433	0:51
847	697	Rhoda Baines	13/19	F6569	962	0:18:18.10	884	8:25	721	1:00:07	924	3:15
848	422	Brandy Stepetin	132/150	F4044	802	0:12:34.42	888	8:29	835	1:06:00	663	1:29
849	732	Sofia Hernandez Le	58/64	F1519	270	0:08:18.74	951	13:28	915	1:12:46	790	1:55
850	725	Kathryn Jaronitzky	132/142	F3034	760	0:12:04.61	614	4:53	893	1:10:26	140	0:27

RESULTS BY: Skinny Raven Events and Timing

2022 GOLD NUGGET TRIATHLON
 May 15, 2022
 Bartlett High School, Anchorage AK

Place	Bib	Name	Div/Tot	Div	Rank	Swim	Rank	T1	Rank	Bike	Rank	T2
851	324	Lisebeth Hveding	59/64	F1519	552	0:10:10.07	791	6:34	758	1:01:36	455	0:54
852	1184	Courtney Wilhelm	122/139	F3539	799	0:12:30.36	802	6:44	941	1:18:04	579	1:11
853	356	Andrea Wilson	77/97	F4549	528	0:09:56.98	604	4:51	817	1:04:50	438	0:52
854	461	Rosie Boone	96/98	F2529	604	0:10:32.62	736	5:53	928	1:16:11	906	2:53
855	642	Gail Hoefler	39/44	F6064	805	0:12:35.86	807	6:51	720	1:00:07	450	0:54
856	1147	Jessica Anacleto	133/150	F4044	716	0:11:40.45	778	6:22	759	1:01:48	404	0:47
857	1037	Darlene MacKinnon	78/97	F4549	788	0:12:23.33	789	6:29	868	1:08:17	910	2:59
858	110	Sarah Gerken	60/72	F5054	123	0:07:12.98	887	8:28	606	56:16	887	2:41
859	323	Elaina Hveding	79/97	F4549	455	0:09:27.46	874	8:04	716	59:50	797	1:57
860	1227	Brittney Hayden	133/142	F3034	778	0:12:17.66	825	7:09	792	1:03:16	633	1:22
861	999	Briana McDougall	134/150	F4044	547	0:10:07.31	657	5:09	912	1:12:13	708	1:38
862	133	Therese Holtz	135/150	F4044	651	0:11:00.10	679	5:20	814	1:04:33	959	4:16
863	280	Jessica Eason	136/150	F4044	354	0:08:49.94	792	6:35	618	56:35	317	0:39
864	114	Anna Bryant	61/72	F5054	832	0:13:01.42	859	7:50	782	1:03:01	186	0:30
865	655	Angele Bell	137/150	F4044	918	0:15:00.62	908	9:04	798	1:03:32	297	0:38
866	1026	Karen Lavy	134/142	F3034	755	0:11:59.59	909	9:14	856	1:07:24	939	3:38
867	331	Jackie McClung	58/78	F1014	535	0:10:00.53	819	7:01	851	1:06:44	172	0:29
868	241	Anya Carpenter	59/78	F1014	162	0:07:33.20	811	6:53	888	1:10:10	634	1:22
869	1011	Kelly Hughes	37/42	F5559	653	0:11:02.27	768	6:12	884	1:09:20	577	1:11
870	577	Erica Nutter	123/139	F3539	890	0:14:15.45	940	10:59	748	1:01:22	244	0:34
871	240	Carey Carpenter	80/97	F4549	363	0:08:52.28	743	5:56	887	1:10:00	678	1:30
872	156	Judy Krier	14/19	F6569	893	0:14:22.29	704	5:33	848	1:06:37	166	0:29
873	1265	Christina Claw	138/150	F4044	850	0:13:21.78	925	9:47	827	1:05:22	765	1:49
874	905	Faith Octuk	60/78	F1014	75	0:06:43.33	501	4:21	904	1:11:14	576	1:10
875	1168	Cherie Shirey	81/97	F4549	606	0:10:33.35	713	5:39	886	1:10:00	664	1:29
876	574	Shelley Biss	82/97	F4549	463	0:09:29.98	741	5:56	866	1:08:12	620	1:19
877	573	Anika Biss	60/64	F1519	153	0:07:29.78	766	6:10	892	1:10:23	377	0:45
878	426	Tina Harness	124/139	F3539	344	0:08:46.14	684	5:21	830	1:05:24	676	1:30
879	593	Donna Morgan	135/142	F3034	938	0:16:21.08	876	8:07	853	1:07:09	925	3:16
880	425	Elliana Rammell	61/64	F1519	74	0:06:42.58	851	7:38	833	1:05:46	573	1:10
881	431	Robin Tyson	83/97	F4549	725	0:11:43.27	714	5:42	907	1:11:20	507	1:01
882	979	Dayna Rumfelt	139/150	F4044	773	0:12:15.10	546	4:33	903	1:11:09	429	0:50
883	430	Kristine Kincaid	40/44	F6064	857	0:13:29.38	941	11:05	689	58:36	291	0:38
884	658	Shannon Dosko	62/72	F5054	873	0:13:47.54	920	9:31	640	57:12	977	6:33
885	935	Addie Mcewen	41/44	F6064	885	0:14:08.09	862	7:53	804	1:04:02	962	4:28
886	680	Emma Brunelle	62/64	F1519	523	0:09:55.39	638	5:03	937	1:17:40	214	0:32
887	679	Sheavon Brunelle	84/97	F4549	972	0:21:31.32	668	5:14	822	1:05:13	674	1:30
888	686	Jennifer Larson	140/150	F4044	958	0:17:50.58	921	9:32	708	59:28	847	2:20
889	891	Amy Olson	125/139	F3539	587	0:10:26.85	706	5:34	854	1:07:14	288	0:37
890	1124	Cassie Ostrander	141/150	F4044	675	0:11:13.32	722	5:47	818	1:04:55	940	3:39
891	719	Tammy McCormick	63/72	F5054	732	0:11:48.31	959	14:32	807	1:04:17	956	4:09
892	557	Melinda Haynes	64/72	F5054	684	0:11:20.12	975	17:22	867	1:08:16	952	4:04
893	1117	Cindy Lyell	38/42	F5559	549	0:10:07.73	901	8:54	836	1:06:01	410	0:48
894	718	Abby McCormick	22/22	F2024	720	0:11:41.19	966	15:10	843	1:06:18	827	2:09
895	678	Amanda Black	97/98	F2529	846	0:13:19.73	511	4:24	948	1:19:57	343	0:41
896	701	Laura Stoddard	85/97	F4549	816	0:12:44.34	780	6:23	919	1:14:12	359	0:43
897	141	Jenna Miller	126/139	F3539	822	0:12:49.50	784	6:25	890	1:10:16	938	3:36
898	126	Abigail Palmer	61/78	F1014	827	0:12:56.03	689	5:24	883	1:09:17	292	0:38
899	722	Kathy Binder	142/150	F4044	950	0:17:28.19	906	9:03	897	1:10:40	966	4:43
900	1208	Susan Watkins	15/19	F6569	774	0:12:15.51	813	6:56	925	1:15:09	384	0:46

RESULTS BY: Skinny Raven Events and Timing

2022 GOLD NUGGET TRIATHLON
 May 15, 2022
 Bartlett High School, Anchorage AK

Place	Bib	Name	Div/Tot	Div	Rank	Swim	Rank	T1	Rank	Bike	Rank	T2
901	122	Nikki Palmer	65/72	F5054	964	0:18:34.28	547	4:33	917	1:14:03	880	2:37
902	1263	Kate Beecroft	86/97	F4549	311	0:08:36.85	883	8:23	876	1:08:50	345	0:42
903	646	Melanie Watkins	143/150	F4044	864	0:13:37.53	960	14:32	672	57:59	772	1:51
904	1101	Sarah Gilliland	136/142	F3034	712	0:11:37.06	569	4:41	955	1:21:28	407	0:48
905	578	Misti Michael	66/72	F5054	853	0:13:24.07	896	8:47	910	1:11:40	580	1:11
906	645	Blossom Downing	127/139	F3539	879	0:13:54.78	961	14:38	553	54:34	970	5:12
907	682	Ever McMahan	62/78	F1014	895	0:14:25.52	931	10:21	950	1:20:27	394	0:47
908	644	Mariecris Gowin	128/139	F3539	762	0:12:06.83	973	16:40	617	56:34	928	3:18
909	1149	Kristin Whitson	87/97	F4549	577	0:10:16.77	544	4:32	880	1:09:11	866	2:30
910	681	JACQUELYN McMahan	129/139	F3539	907	0:14:46.37	930	10:18	951	1:20:29	392	0:47
911	92	Patricia Geitz	3/3	F7579	860	0:13:32.35	698	5:26	861	1:07:47	777	1:52
912	1151	Ellen Whitson	63/78	F1014	431	0:09:18.58	369	3:46	909	1:11:32	837	2:14
913	1006	Holly Herring	144/150	F4044	717	0:11:40.58	910	9:17	935	1:17:22	893	2:43
914	1192	Delenora Grey	67/72	F5054	949	0:17:25.61	976	17:50	770	1:02:38	905	2:53
915	622	Sterling Herring	64/78	F1014	815	0:12:41.75	866	7:56	942	1:18:46	890	2:42
916	583	Victoria Scherer	65/78	F1014	913	0:14:52.49	944	11:22	927	1:15:23	776	1:51
917	654	Katelyn Bell	63/64	F1519	852	0:13:24.01	900	8:52	920	1:14:36	518	1:02
918	584	Nikki Scherer	145/150	F4044	922	0:15:11.73	945	11:24	926	1:15:10	810	2:03
919	359	Madison Chaitoff	66/78	F1014	782	0:12:20.23	954	13:38	875	1:08:48	889	2:42
920	1040	Alecia Pike	130/139	F3539	875	0:13:49.29	845	7:29	800	1:03:42	723	1:41
921	724	Yana Cater	131/139	F3539	946	0:17:15.46	749	6:00	945	1:19:23	164	0:28
922	315	Tina Worley	137/142	F3034	757	0:12:00.69	664	5:12	963	1:25:56	529	1:04
923	83	Susan Bury	1/1	F8084	925	0:15:18.47	740	5:55	938	1:17:46	439	0:52
924	1266	Rebecca Williams	132/139	F3539	806	0:12:36.34	929	10:11	952	1:20:32	480	0:57
925	282	Brianna Campbell	138/142	F3034	495	0:09:44.17	863	7:53	962	1:25:48	592	1:12
926	358	Kimberly Chaitoff	88/97	F4549	824	0:12:50.44	952	13:37	845	1:06:26	968	5:05
927	1267	Claire Williams	67/78	F1014	797	0:12:28.23	935	10:37	940	1:17:56	936	3:35
928	607	Sienna Glazier	68/78	F1014	840	0:13:08.28	965	15:00	929	1:16:49	941	3:39
929	606	Kiley Glazier	133/139	F3539	863	0:13:35.65	963	14:54	930	1:16:53	937	3:35
930	1252	Jessica Williams	89/97	F4549	940	0:16:29.63	934	10:32	913	1:12:28	523	1:03
931	581	Kristila Gardner	90/97	F4549	966	0:19:26.18	881	8:17	895	1:10:39	504	1:00
932	558	Franchesca Heywood	68/72	F5054	319	0:08:40.93	943	11:19	949	1:20:18	629	1:21
933	1039	Brittany Hallis	139/142	F3034	469	0:09:32.43	781	6:23	968	1:30:34	273	0:36
934	153	Rebecca Tucker	91/97	F4549	928	0:15:25.33	831	7:18	946	1:19:45	964	4:33
935	709	Alta Garrett	69/78	F1014	965	0:18:36.94	968	15:17	885	1:09:28	778	1:53
936	449	Natalia Sears	92/97	F4549	908	0:14:46.55	948	11:57	922	1:14:53	946	3:47
937	450	Valentina Sears	70/78	F1014	795	0:12:26.64	949	12:08	934	1:17:17	948	3:52
938	1030	Lauren Thompson	134/139	F3539	871	0:13:45.09	939	10:59	906	1:11:14	896	2:44
939	1193	Kristen Shake	135/139	F3539	952	0:17:38.07	844	7:28	780	1:02:57	944	3:41
940	708	Marianne Garrett	136/139	F3539					881	1:09:16	812	2:03
941	717	Hannah Veltkamp	71/78	F1014	947	0:17:18.12	502	4:21	971	1:38:54	849	2:22
942	603	Addison Bunn	72/78	F1014	957	0:17:50.05	905	9:01	900	1:10:49	920	3:10
943	601	Lalia Bunn	146/150	F4044	951	0:17:34.53	903	8:58	899	1:10:48	917	3:08
944	716	Michelle Schwenn	69/72	F5054	959	0:17:51.77	479	4:17	970	1:38:54	850	2:22
945	742	Rebecca Agalawatta	147/150	F4044	854	0:13:27.70	958	14:03	924	1:15:04	974	6:07
946	1024	Diane Palmer	93/97	F4549	897	0:14:28.54	665	5:12	918	1:14:12	892	2:43
947	741	Sonali Agalawatta	73/78	F1014	943	0:16:48.89	942	11:10	923	1:14:55	976	6:15
948	1163	Susan Oakley	39/42	F5559	479	0:09:38.05	712	5:38	944	1:19:20	833	2:12
949	361	Ruth Daub	10/10	F7074	693	0:11:23.17	846	7:29	954	1:21:04	878	2:35
950	1038	Deanna March	40/42	F5559	970	0:20:56.02	956	13:55	966	1:27:29	794	1:57

RESULTS BY: Skinny Raven Events and Timing

2022 GOLD NUGGET TRIATHLON
 May 15, 2022
 Bartlett High School, Anchorage AK

Place	Bib	Name	Div/Tot	Div	Rank	Swim	Rank	T1	Rank	Bike	Rank	T2
951	360	Kathleen Maness	137/139	F3539	571	0:10:13.83	904	9:01	953	1:21:03	883	2:38
952	346	Jennifer Holganza	140/142	F3034	441	0:09:23.55	947	11:49	879	1:09:06	654	1:27
953	1008	Marcy Holyfield	94/97	F4549	955	0:17:46.75	885	8:27	943	1:19:00	913	3:03
954	733	Anaely Leon Hernan	70/72	F5054	936	0:15:51.99	682	5:20	958	1:24:51	564	1:09
955	668	Linnea Wells	74/78	F1014	915	0:14:53.92	913	9:23	933	1:17:16	660	1:28
956	667	Dessa Wells	75/78	F1014	872	0:13:45.44	936	10:50	931	1:17:06	714	1:40
957	666	Lisa Wells	95/97	F4549	932	0:15:47.98	950	12:44	936	1:17:30	770	1:50
958	720	Nancy Wozencraft	42/44	F6064	968	0:19:48.07	967	15:10	911	1:12:03	544	1:06
959	735	Phoebe Land	76/78	F1014	935	0:15:51.85	793	6:36	961	1:25:47	703	1:36
960	617	Penny Furnish	41/42	F5559	916	0:14:55.16	899	8:49	956	1:22:43	265	0:35
961	695	Brandi Estes	148/150	F4044	933	0:15:49.25	785	6:26	964	1:26:10	639	1:23
962	675	Cathy Brandal	16/19	F6569	687	0:11:21.98	932	10:28	965	1:26:57	357	0:43
963	726	Lisa Nelson	17/19	F6569	977	0:27:26.78	971	16:15	932	1:17:10	945	3:42
964	1226	Christina Hardy	96/97	F4549	944	0:16:54.17	923	9:42	947	1:19:53	659	1:28
965	704	Karen Gonne-Harrel	18/19	F6569	969	0:19:56.74	970	15:30	889	1:10:13	405	0:47
966	600	Sabrina Lochridge	141/142	F3034	884	0:14:06.63	955	13:47	939	1:17:48	978	11:25
967	1013	Dawn Burns	71/72	F5054	961	0:18:11.85	880	8:15	967	1:30:04	885	2:40
968	714	Elsa Land	77/78	F1014	967	0:19:37.15	696	5:25	973	1:42:10	853	2:25
969	1014	Sarina Hauser	142/142	F3034	948	0:17:24.30	924	9:42	972	1:39:21	445	0:53
970	1205	Carol Ann Willard	43/44	F6064	924	0:15:17.32	917	9:28	960	1:25:39	932	3:26
971	155	Jaylee Brendel	138/139	F3539	942	0:16:42.59	972	16:40	959	1:25:00	907	2:53
972	756	Cindi Parsons	44/44	F6064	976	0:25:49.53	922	9:36	957	1:24:35	611	1:16
973	723	Amberlee Arnold	149/150	F4044	953	0:17:40.77	832	7:18	969	1:37:15	541	1:06
974	828	Katherine Dehoop	72/72	F5054	353	0:08:49.79	826	7:11	974	1:46:43	409	0:48
975	391	Theresa Hampton	150/150	F4044	888	0:14:09.69	834	7:19	975	1:48:47	919	3:10
976	392	Ryder Hampton	78/78	F1014	910	0:14:50.52	838	7:24	976	1:48:52	914	3:05
977	1005	Hannah Grothe	98/98	F2529	941	0:16:32.62	915	9:26	978	2:14:01	949	4:00
978	698	Ashley Blatchford	139/139	F3539	960	0:18:02.13	938	10:51	979	2:16:18	670	1:30
	1261	SHEILA O'NEILL	19/19	F6569	975	0:21:50.26	946	11:26	977	1:51:37		
	472	Mary Kay Sorich	97/97	F4549	235	0:08:04.70	156	2:49				
	61	Cadence Stull	64/64	F1519	1	0:02:06.77						
	366	Lynda Limon	42/42	F5559	978	0:44:38.49						

RESULTS BY: Skinny Raven Events and Timing