

2016 GOLD NUGGET TRIATHLON
May 15th, 2016
Bartlett High School - Anchorage, AK

OPEN TEAM RESULTS

1. 6:59:47 Running Free Alaska: Orange (1:23:58)

1 1:13:13 Lisa Keller
2 1:22:47 Nancy Meade-Miller
3 1:24:14 Jennifer Schrage
4 1:25:45 ellyn brown
5 1:33:48 Sarah Kleedeahn

2. 7:17:50 Girdwood Girls Gone Tri (1:27:34)

1 1:23:10 Katra Wedeking
2 1:25:24 Melanee Stiassny
3 1:28:47 Misty Pekar
4 1:29:01 Amanda Hawes
5 1:31:28 Maggie Donnelly

3. 7:25:11 Permafrosties (1:29:03)

1 1:23:38 Johnna Kohl
2 1:24:30 Liane Nagata
3 1:28:31 lesley yamauchi
4 1:32:11 Julie Merrill
5 1:36:21 Devon Stanford

4. 7:34:59 Eagle River Mai Tri Crew (1:31:00)

1 1:23:01 Beth Paynter
2 1:24:59 Nikki Strzempka
3 1:28:43 Kai Sims
4 1:38:04 Kaleinani Rupp
5 1:40:12 Andra Rasmussen

5. 7:35:15 Swim, Trike, Rum? (1:31:03)

1 1:25:54 Claire Coppel
2 1:29:05 Merrileigh boring
3 1:32:21 Anna Fischer
4 1:33:40 Ruth Kroona
5 1:34:15 Suzanne Armentrout

6. 7:49:42 Team Crossing (1:33:57)

1 1:12:28 LeeAnn Burns
2 1:21:46 Kristy Estrada
3 1:36:12 Melissa Goins
4 1:40:54 Stacie Gracey
5 1:58:22 Pamela Finch

7. 7:50:48 Alaska Winter Stars (1:34:10)

1 1:17:45 Karina Packer
2 1:17:48 Deana Watson
3 1:36:29 Vanessa Duhrsen
4 1:48:47 Julee Duhrsen
5 1:49:59 Linda Ulrich

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8. 7:52:03 We Don't Train We Just Move (1:34:25)

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1	1:29:17	Meredith Johnson
2	1:29:17	Hannah Bauthues
3	1:35:52	Jacque Wood
4	1:36:00	Elysia Andrews
5	1:41:37	Alyssa Johnson

9. 8:05:29 Team Wesley (1:37:06)

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1	1:26:27	Taryn Oleson
2	1:36:58	Amy Brumbaugh
3	1:38:32	Maria Weiss
4	1:39:01	Tana Stone
5	1:44:31	Linnzi Doerr

10. 8:07:47 Chasing Rae (1:37:34)

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1	1:28:57	Whitney Andersen
2	1:29:08	Kaylee Heck
3	1:36:10	Mikki Smith
4	1:43:50	Heather Courrier
5	1:49:42	Wendy Heck

11. 8:10:30 Team Shazam (1:38:06)

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1	1:25:21	Mary Krysinski
2	1:30:31	Amy Engeberg
3	1:33:55	Cynthia Hendel
4	1:41:36	Beth Baker
5	1:59:07	brandi white

12. 8:17:06 WWW Wannabe Wonder Women (1:39:26)

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1	1:21:18	Heidi Martinson
2	1:33:00	Holly Martinson
3	1:41:05	Mikayla Savikko
4	1:48:58	Meghan Paulson
5	1:52:45	laura zettler

13. 8:23:07 Tri-ing to Educate (1:40:38)

=====

1	1:13:05	Sara Miller
2	1:32:12	Stephanie Seward
3	1:44:42	shasta miller
4	1:55:14	amy nicole
5	1:57:54	Alisha Klingemeyer

14. 8:26:13 Salmon Sisters (1:41:15)

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1	1:30:17	Andrea Tesch
2	1:36:52	Carmen Thomas
3	1:38:21	Diane Loopstra
4	1:47:28	Holly Krenz
5	1:53:15	Brittany Blain

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15. 8:29:36 Hanshew Hawks (1:41:56)

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1	1:15:05	joleen white
2	1:39:15	Liz Odell
3	1:47:03	Tessa Johrendt
4	1:48:31	Alicia vernon
5	1:59:42	emalyn peterson

16. 8:40:40 Amazed by Grace (1:44:08)

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1	1:41:22	Amy Kenter
2	1:44:00	sonja Anderholm
3	1:44:19	Jenny Ryan
4	1:44:28	Kelly Foreman
5	1:46:31	Emily Jensen

17. 8:42:00 On Board to Tri (1:44:24)

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1	1:29:01	Claire Norton-Cruz
2	1:39:23	Sheila Swanson
3	1:41:49	Lia Keller
4	1:43:24	Kristen Droge
5	2:08:23	Diane Barnett

18. 9:02:01 Scrambled Legs and Achin' (1:48:25)

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1	1:43:50	Julie English
2	1:44:13	Ashley Pruitt
3	1:48:21	Crystal Epperheimer
4	1:50:21	Sidney Epperheimer
5	1:55:16	Bailey Epperheimer

19. 9:04:06 Naturally Amazing (1:48:50)

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1	1:40:33	Allison Tyner
2	1:40:50	Mackenzie Morrison-Heath
3	1:44:51	Chelsie Morrison-Heath
4	1:46:24	Makenna Rhodes
5	2:11:28	Karen Heath

20. 9:22:12 Wii (not) Fit (1:52:27)

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1	1:39:57	Regina Burzinski
2	1:41:59	Lisa Land
3	1:47:19	Anna Johnson
4	2:05:14	Cassi Campbell
5	2:07:43	Michelle Wilson

21. 9:27:25 Die Tri-ing (1:53:29)

=====

1	1:35:24	Rachael Kvapil
2	1:44:48	heidi embley
3	1:56:40	Rhiannon Willard
4	2:04:16	Courtney Grant
5	2:06:17	DeAnna Roering

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22. 9:33:05 SJL (1:54:37)

=====

1	1:41:44	Korie Hickel
2	1:49:31	Michelle Pinson
3	1:58:46	Kelsey Burroughs
4	2:00:15	Kaitlynd Ward
5	2:02:49	Rebekah Raines

23. 9:51:14 Wednesday Adventure Club (1:58:15)

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1	1:44:50	Jill Hubert
2	1:47:58	Stephanie Proffitt
3	2:00:22	Kerry Reifel
4	2:04:29	Leah Parks
5	2:13:35	Kerry Carl

24. 9:53:37 Tri Chicas (1:58:44)

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1	1:43:22	Bree McCarthy
2	1:46:08	Julia Eichler
3	2:02:07	Chris Wendler
4	2:03:50	Tara Barndt
5	2:18:10	Lara VanHoozer

25. 9:57:08 Fit Vida Motion (1:59:26)

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1	1:44:15	Lesley Chase
2	1:51:53	Ashley Frost
3	1:52:27	Erin Byrne
4	2:07:14	Fabiola Burns
5	2:21:19	Jenni Marcell

26. 10:02:19 OV Flyers (2:00:28)

=====

1	1:24:28	Sarah Moore
2	1:46:13	Aliesha RICHARDS
3	2:03:05	Megan Carle
4	2:08:44	Kassidy Barclay
5	2:39:49	Dawn Brayfield

27. 10:38:59 The Good Tris (2:07:48)

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1	1:31:30	Allison Wieland
2	1:53:16	Emma Haddix
3	2:15:24	Susan Greer
4	2:25:36	Renae Bookman
5	2:33:13	Lea Filippi

28. 10:56:38 The Young and The Breathless (2:11:20)

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1	1:43:16	Adryahn Bodyfelt
2	1:58:34	Ella Bailey
3	2:07:21	Jennie Hafele
4	2:14:06	Avery Hafele
5	2:53:21	Elizabeth Bailey

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29. 13:22:36 Glacier Gals (2:40:32)

1	2:18:59	Kathryn Jaronitzky
2	2:27:02	Graylin Simes
3	2:36:53	Jamie Patterson-Simes
4	2:48:45	Riley Simes
5	3:10:57	Lisa Jaronitzky

30. 13:42:32 Mom Squad (2:44:31)

1	2:05:51	Keidra Harris
2	2:16:48	Sheavon Brunelle
3	2:26:36	Jacqueline Garcia
4	3:23:57	Davina Grant
5	3:29:20	Leilani Tufaga

RESULTS BY: Skinny Raven Events and Timing